

GWO standard changes what you need to know

GWO has updated eight training standards. Here's what matters for your certification planning.

ACTION REQUIRED BEFORE 10 SEPTEMBER 2026

Complete your **Advanced Rescue Training Refresher (ART-R)** before 10 September to keep your Working at Heights and Manual Handling records valid

After this date, the ART Refresher will no longer renew your WaH and MH training records. You'll need to attend each module separately — meaning more time and additional cost.

✓ Before 10 September 2026

- ART:** Refresher renews your WaH + MH records
- ART:** Single Rescuer as standalone module
- BST:** Combined WaH + MH module available
- BST:** Current refresher durations apply

✗ After 10 September 2026

- ART:** No longer renews WaH + MH
- ART:** Single Rescuer integrated into ART
- BST:** WaH and MH must be attended separately
- BST:** Shorter, scenario-based refreshers
- BST:** Refresher delegates cannot book onto initial courses

Training durations — old vs new (F2F)

Module	Initial Old	Initial New	Refresher Old	Refresher New
Working at Heights	14h 15m	14h 25m	7h 55m	7h 30m
First Aid	7h	7h	4h	4h
Manual Handling	3h 45m	3h 45m	3h 35m	3h
Sea Survival	6h 35m	7h 25m	6h 30m	4h 30m
Fire Awareness	3h 20m	3h 20m	3h 20m	3h
ART (Hub, Spinner & Inside Blade)	7h 30m	12h	7h 30m	7h 30m
ART (Nacelle, Tower & Basement)	14h 25m	12h	14h 45m	7h 30m

Other key changes

BST OFFSHORE REFRESHER

Shortened from 3.5 days to **3 days**

SINGLE RESCUER

Integrated into ART — standalone modules **discontinued**

SEA SURVIVAL NEW

Walk-to-Work (W2W) gangway lesson added

REFRESHER STRUCTURE

All refreshers now **scenario-based**. Refresher delegates can **no longer book onto initial courses**

