



Goonawarra

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Old-world charm with every modern comfort. Meet your new home in leafy Sunbury.

In this spacious and elegant Federation home you'll find relaxed living in enviably peaceful surrounds.

Courtyards and gardens provide restful outlooks and outdoor spaces. Rooms are spacious and well-appointed. Welcoming communal areas host leisure activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter by joining us at Calvary Goonawarra.



welcome



With sweeping verandahs, secluded courtyards and landscaped gardens it's picturesque and peaceful here.

Enjoy a stroll in the gardens or find a charming spot to catch up with company.



Our resident rooms feature garden views and are designed for comfort and care – providing a welcome retreat where you can relax, recharge and feel right at home.

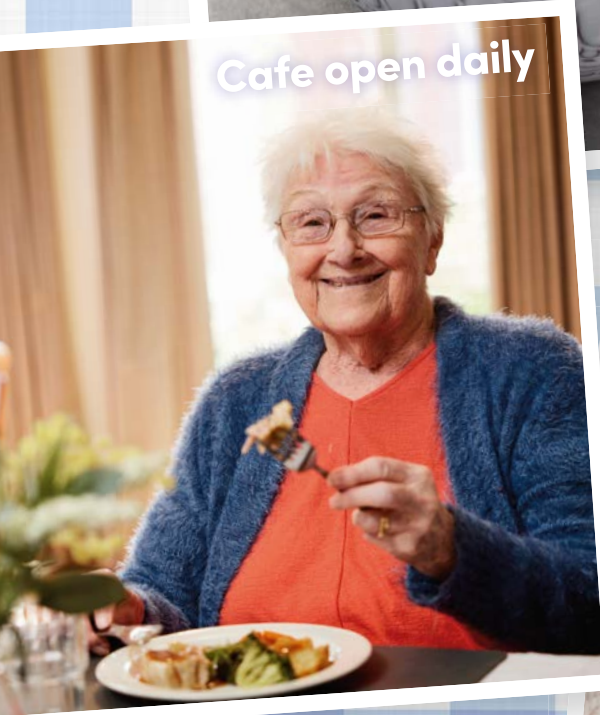


lifestyle



Favourite foods
and fresh flavours

Cafe open daily



Relax and enjoy

Delicious food at your service.



Enjoy a taste-filled
menu prepared by
our on-site chef.

Whether it's a hearty, farmhouse-style beef hot pot for lunch, or a roast chicken with vegetables and a red pepper soup for dinner, you'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Roasted red pepper soup
- Roast chicken with vegetables
- Queens pudding with cream



From artwork and walking groups to bingo and bus trips, there's always something to keep you busy.



Make the most of 'Me' time. Our on-site hair salon will keep you looking your best.



body mind



"With our own lovely salon, I always walk out with a smile on my face."
- Calvary Resident

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something for all residents, including

those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.

Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side. Make the most of our beautiful outdoor spaces. Join in on group activities such as exercise classes, table games, movie nights, music sessions and more. We keep strong ties to the community with regular outings and visiting speakers.



“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”

*- Calvary
Diversional Therapist*



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Goonawarra we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



**you
matter
to us**

Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Goonawarra are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care – which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”





love where
you live

Staying in or going out? Here, you will enjoy the best of both.

We're in the heart of Sunbury, so there's plenty to do close by – and with a bus stop right out the front and our own community outings, you can easily enjoy all of it. Cafes, shops and local amenities are all within easy reach and there are great spots to go when family is visiting.

At home, you'll enjoy every comfort and the assurance of 24-hour care. There's the choice of a private room with ensuite or companion room for two with bathroom. Throughout Calvary Goonawarra there are welcoming shared spaces for relaxing with visitors or other residents.



- A** Sunbury Recreational Reserve
- B** Sunbury Square Shopping Centre
- C** Sunbury Train Station
- D** Sunbury Library
- Hospital** Sunbury Day Hospital (Private)

Amenities and care.

- Private rooms
- Companion rooms
- Physio and podiatry
- Speech therapy
- Aromatherapy
- Gardens and courtyards
- Dementia support
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care
- Permanent Care

Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

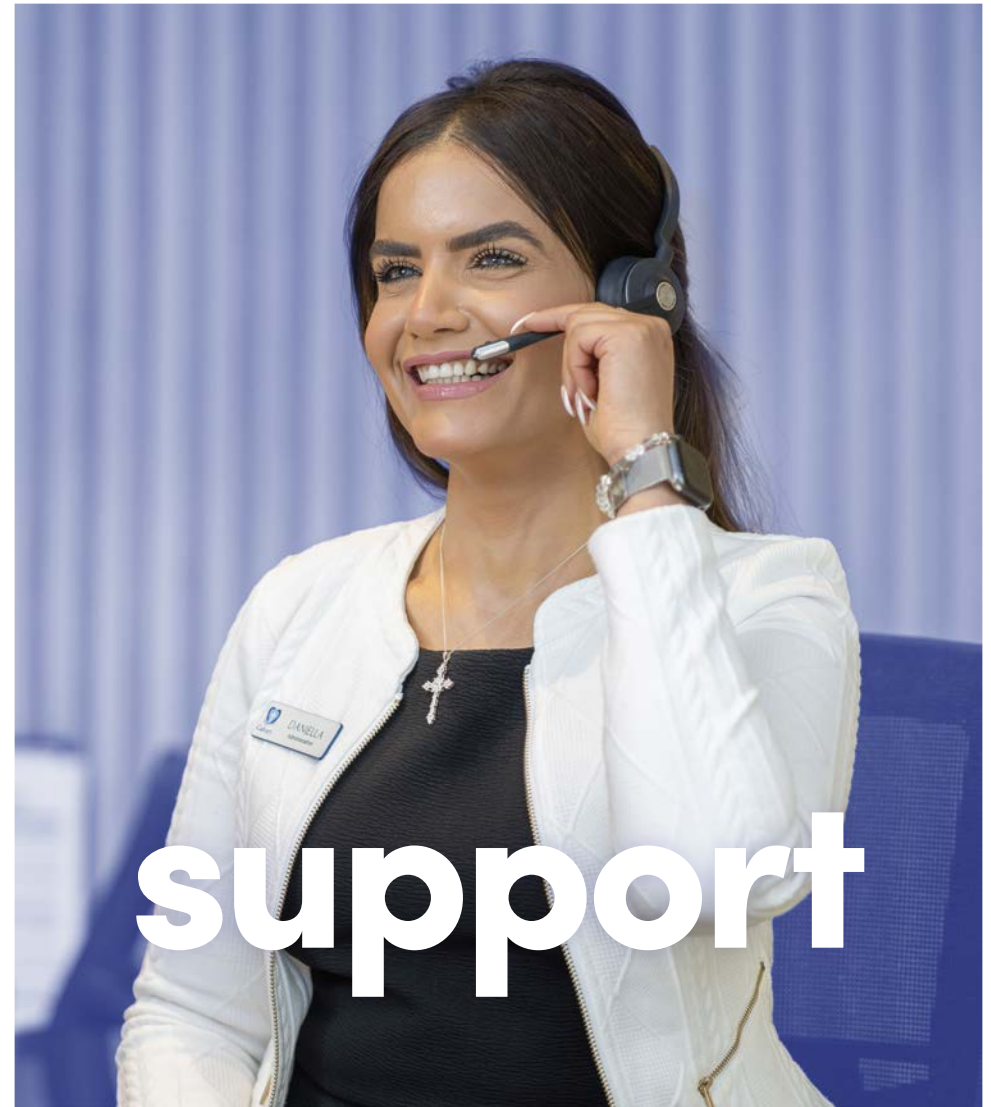
Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



**our
heritage**


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.





*Always handling
with care
and patience.*



Goonawarra

19-25 Anderson Road,
Sunbury Vic 3429

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: calvarycare.org.au

Calvary thanks all those who appear in our images. Images from other homes may be shown.