



# Viewhills Manor

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



## **Your new home awaits in the charming and leafy pocket of Endeavour Hills.**

Courtyards and gardens provide restful outdoor areas. Rooms are spacious and modern, and inviting shared spaces host recreational activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter by joining us at Calvary Viewhills Manor.







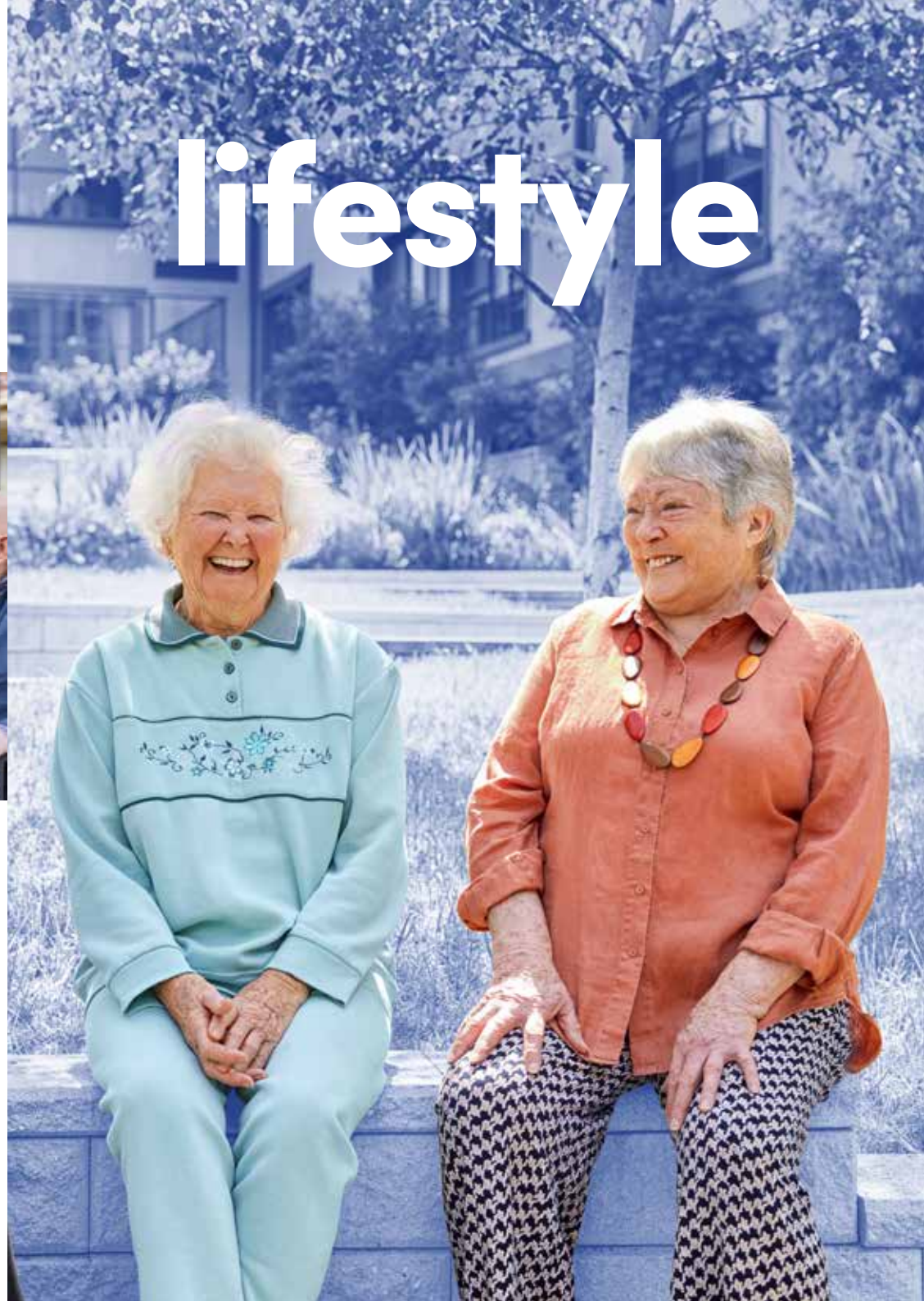
**With well-tended gardens and plenty of greenery, Viewhills Manor is a peaceful place to call home.**

**Enjoy outdoor spaces and courtyards to quietly relax or to spend time with company.**



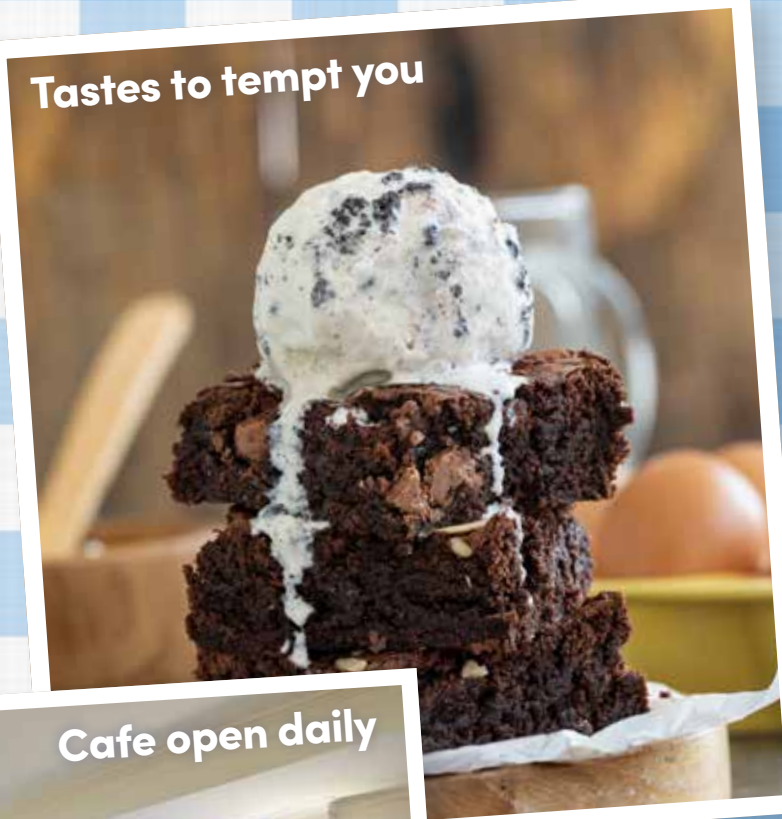
**Your own space here is very inviting. Many rooms have garden or courtyard outlooks, and all rooms are designed for comfort and care.**

# **lifestyle**





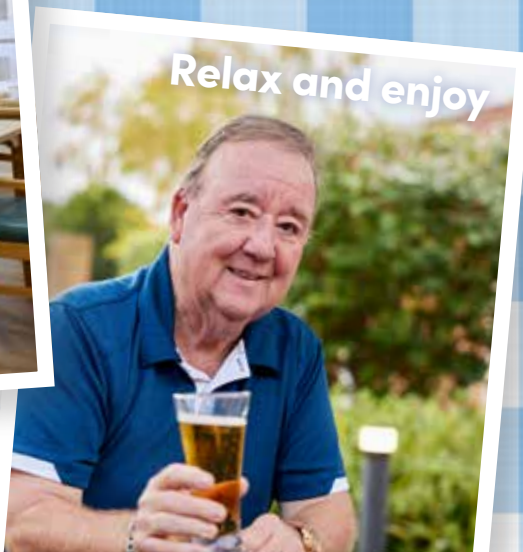
Tastes to tempt you



Cafe open daily



Relax and enjoy



## Delicious food at your service.



Enjoy a taste-filled menu prepared by our on-site chef.

Get your day off to a great start with a tempting and tasty breakfast, and find new flavours and old favourites in the delicious lunch and dinner options. You will never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

### *breakfast*

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

### *lunch*

- Curry chicken with rice
- Apple crumble with cream

### *dinner*

- Minestrone soup
- Fried salmon with fresh lemon and salad
- Chocolate brownie with ice cream





From craftwork  
and walking groups  
to barbecues and  
cooking classes,  
there's always  
something to do.



'Me' time? Visit our  
on-site salon to keep  
you looking good  
and feeling great.



body mind



*"With our own lovely  
salon, I always walk  
out with a smile  
on my face."  
- Calvary Resident*

self-care



## Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

With our wide range of activities, from cooking and gardening to bingo and yoga, you're sure to find something to match your interests and make your day. Choose from social events such as movie nights, live musical performances and quizzes, to enjoy in the company of your fellow residents.

We also offer group exercise classes, lawn bowls, board games, cards and more to help keep minds sharp and stimulated—or enjoy the company and creativity of craft group and dance.

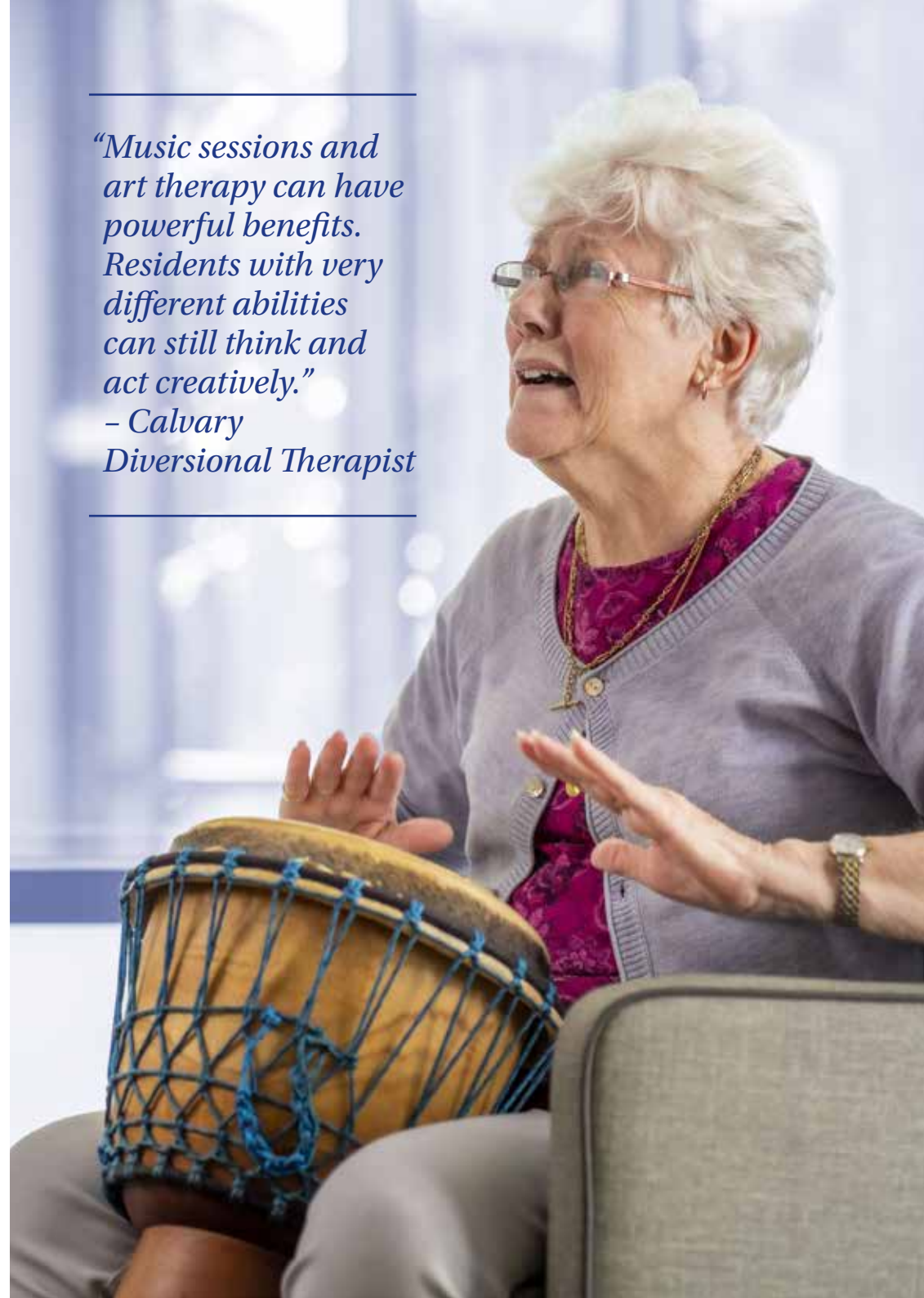
Prefer time on your own? Relax with a good book, massage, aromatherapy or a styling session at our on-site hair salon.



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*“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”*  
– Calvary  
Diversional Therapist

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# keeping you safe



## Providing a lifetime of care is our life's work.

At Calvary Viewhills Manor, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



you  
matter  
to us

## Compassion is at the heart of all we do.

Our goal?

To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Viewhills Manor are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



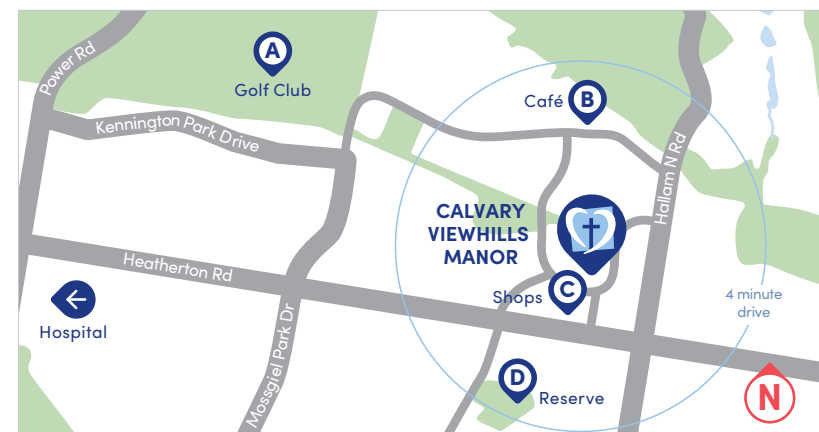


# love where you live

## Staying in or going out? Here, you will enjoy the best of both.

With Lysterfield Park and nature reserves on its doorstep, Calvary Viewhills Manor is a peaceful address within easy reach of shops, eateries and community amenities. It's easy for family to visit and there are many places in the surrounding area for enjoyable outings.

At home, you'll enjoy every comfort and the assurance of 24-hour care. Rest and recharge in your private room with ensuite, and when you feel like company or a change of scene, you'll always be welcome to spend time in one of our many shared spaces.



- A** Churchill Park Golf Club
- B** Grounded Grocer & Cafe
- C** Heatherton Village

- D** Singleton Reserve
- Dandenong Hospital  
10 minute drive



# Amenities and care.

- Private rooms
- Lounging and dining areas
- Gardens and courtyards
- Well-stocked library
- On-site salon
- Sensory program
- Short-term Respite
- Residential Aged Care
- Permanent Care

## Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

## Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort





personal

Not sure where to start?  
Calvary Assist will help you to navigate  
to the right care for your needs.



support

Enquire today and speak with our friendly staff  
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our  
heritage

## Continuing the Mission of the Sisters of the Little Company of Mary.


It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.





A photograph of two hands, one adult and one child, gently holding a white heart-shaped card. The card has the text 'Always handling with care and patience.' written on it. The background is a light blue gradient with decorative white cloud and dotted patterns.

*Always handling  
with care  
and patience.*



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## Viewhills Manor

55 Heatherton Road,  
Endeavour Hills Vic 3802

Enquire today with Calvary Assist: **1800 52 72 72**  
To view our other locations, visit: **[calvarycare.org.au](https://calvarycare.org.au)**