



Continuing the Mission of the Sisters of the Little Company of Mary



## What is Pastoral Care?

At Calvary, we understand that you are more than just your diagnosis and symptoms. That's why we employ a team of clinical Pastoral Care professionals who specialise in caring for the emotional and spiritual needs of patients, staff, volunteers and visitors in our hospitals.

We support people in a variety of ways including:

- listening to your story, your concerns, fears, and hopes
- · helping you find meaning in your situation
- helping you with practical matters like working out who to contact for support
- helping you relax
- organising contact with your faith community
- finding the right person to help you with other needs



Pastoral Care staff operate as part of our multidisciplinary team to provide holistic care. Your confidentiality is respected at all times.

#### Who is Pastoral Care for?

Everyone. We offer emotional and spiritual support regardless of religious or spiritual beliefs or nonbeliefs, world view or political opinion.

At certain times in our lives we all search for understanding, meaning and comfort, particularly during our own illness or when a loved one is ill.

Each one of us is unique with a particular way of looking at life with what is important to us and how we want to live our lives.

In Pastoral Care we support you in the non-medical aspects of your hospital journey, especially if your hospitalisation has caused a disruption to your feelings of wellbeing, contentment or emotional safety.



#### How to access Pastoral Care?

Pastoral care staff are in the hospitals every weekday from 9am—5pm, and available on call at all other times

While we do our best to cover as many patients as possible, we are unable to see every patient. Staff involved in your care may request Pastoral Care support if they feel you would benefit from it.

# If you would like to see a pastoral carer, simply ask your nurse or any other staff member.

Alternatively, inform the admission staff when you arrive that you would like Pastoral Care to visit you.

# Linking you to your faith community

If your faith is an important part of your life, we offer the following support:

On request Pastoral Care can arrange a representative from your faith tradition to visit and support you during your hospital stay.

#### Chapels

The Chapels are open 24 hours a day, 7 days a week. This quiet and peaceful space is open for all patients and their families.

#### Catholic Eurcharist

Calvary Lenah Valley: Wednesdays at 12 noon

Calvary St John's: Fridays at 10am

Holy Communion is offered weekly by Catholic Parish Visitors and Hospital Chaplains.

## Anglican Worship

Calvary Lenah Valley: Thursdays at 9am

Calvary St John's: Fridays at 9am

Holy Communion is offered weekly by Anglican Parish

Visitors and Hospital Chaplains.

Caring for the emotional and spiritual needs of patients, staff, volunteers and visitors in our hospitals.

#### Contact

GPO Box 1523 Hobart TAS 7001

Lenah Valley Campus Phone: 6278 5472 St John's Campus Phone: 6220 3760

www.calvarycare.org.au



#### About Calvary

Calvary is a charitable Catholic not-for-profit organisation with more than 12,000 staff and volunteers, 15 public and private hospitals, 17 Retirement and Aged Care facilities, and a national network of Community Care centres. We operate across six states and territories within Australia.

Established in Sydney in 1885, by the arrival of the Sisters of the Little Company of Mary in Australia, our mission is to provide health care to the most vulnerable, including those reaching the end of their life.

Hospitality | Healing | Stewardship | Respect