

How to Get Here

If you are transferring to the Rehabilitation Unit from within Calvary, you will be assessed by clinical staff who will advise if you require private ambulance transport, and will arrange this for you. If this is not necessary alternative transport arrangements will be made.

If you are transferring from another hospital, please consult with nursing staff there for transport arrangements.

If coming from the community, e.g. from home, you will need to make your own transport arrangements.



St John's Campus

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Calvary Hobart Hospital

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About Calvary

Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, compassionate health care to the most vulnerable, including those reaching the end of their life.

We're responsible for over 12,000 staff and volunteers, 14 Public and Private Hospitals, 17 Retirement and Aged Care Facilities and a national network of Community Care Centres.

Should you have any queries or require further information about our Rehabilitation Inpatient Services, please contact the Nurse Unit Manager on 03 6220 3785



Consumer Endorsed
Patient Information Publication



Hospitality



Healing



Stewardship



Respect

CAL1799_CSJH

Inpatient Rehabilitation Patient Information



St John's Hospital

Continuing the Mission of the Sisters of the Little Company of Mary

Who are we?

St John's Rehabilitation Unit is a 43 bed unit located in the peaceful surrounds of the St John's Campus of Calvary Health Care Tasmania, in South Hobart.

Calvary Health Care Tasmania is the sole provider of comprehensive rehabilitation programs within the private sector in Tasmania.

Referral for our inpatient Rehabilitation Services is through your Doctor.

What is a Rehabilitation Program?

A Rehabilitation Program aims to assist you to achieve your optimal level of independent functioning. They are predominantly provided for patients with the following conditions:

- Acquired Brain Injury
- Amputee
- General Reconditioning
- Neurological
- Orthopaedic
- Stroke

Other conditions/needs may also be considered.

Each Rehabilitation Program is individually tailored to your needs. Your input into your Rehabilitation Goals is an integral part of the Rehabilitation process. Our Rehabilitation Programs require commitment from you and your family and friends.

How does the Rehabilitation Referral Process work?

Once a need for Inpatient Rehabilitation services has been identified, your doctor will complete and fax/email a Rehabilitation Program Referral.

A Rehabilitation Doctor will then assess whether you are suitable for our Inpatient Rehabilitation Program. The Nurse Unit Manager will arrange an admission time/date if required.

What happens next?

Congratulations! Welcome to your individualised Rehabilitation Program - you will be expected to attend all therapy sessions daily so you can maximise your function and regain your independence.

Our friendly Multidisciplinary Team will help you to set goals and work towards them.

Our team includes:

Consultant Physicians, Nursing staff, Occupational Therapists, Physiotherapists, Speech Pathologists, Dietitians, Pastoral Carers and Discharge Planners. Referrals to other services such as Podiatrist, Orthotist, Prosthetist, Psychologist or Social Worker may be provided as required.

What do I bring?

You will need to bring with you:

- Several changes of comfortable day clothes that are loose and easy to exercise in.
- Sensible shoes
- Medications and repeat scripts
- X-Rays and scans
- Usual walking aids
- Glasses and hearing aids if worn
- House keys for home assessment if required
- Health Insurance details and Medicare card.

What happens after Rehabilitation?

We start planning for your discharge from the day you arrive. This allows us to provide appropriate referrals for community services and organise equipment and/or alterations to your home environment as required.

If you have any specific concerns about your return home, please notify our staff early in your Rehabilitation stay. We can then assist you to address and resolve these issues.