

# Position Statement on Voluntary Assisted Dying

Since the establishment of Calvary in 1885, with the arrival of the Sisters of the Little Company of Mary in Australia, Calvary has become well known for the provision of health care to the most vulnerable, including those reaching the end of their life. With more than 18,000 staff and volunteers, 13 public and private hospitals, 72 residential care and retirement communities, and a national network of community care service centres, we operate across seven states and territories within Australia.

## Preamble

Calvary's position regarding voluntary assisted dying is the same across all its sites and services, regardless of the jurisdiction in which they operate. Calvary's position is congruent with our own mission to bring the healing ministry of Jesus to those who are sick, dying and in need through 'being for others'; our values of Hospitality, Healing, Stewardship and Respect; and the *Code of Ethical Standards for Catholic Health and Aged Care Services in Australia*.<sup>1</sup> Catholic health and aged care services are committed to the ethic of healing, the ethic which is found in both the longstanding Hippocratic tradition of medical practice and the longstanding Christian tradition of providing care, especially for poor and vulnerable people.<sup>2</sup>

The features of this ethic as it pertains to those who have a life-limiting illness and/or are nearing the end of their lives include commitments: to heal and never to harm; to relieve pain and other physical and psycho-social symptoms of illness and frailty; to withdraw life-prolonging treatments when they are futile or overly burdensome or when a person wants them withdrawn and gives informed refusal of these treatments; and to never abandon people in our care.<sup>3</sup>

**Calvary cannot, and will not, support or provide for the administration of a substance that will objectively, directly and intentionally bring about a person's death.**

Accordingly, Calvary is not involved in the implementation of any voluntary assisted dying legislation nor does Calvary provide services permitted under voluntary assisted dying legislation.

<sup>1</sup> Catholic Health Australia, *Code of Ethical Standards for Catholic Health and Aged Care Services in Australia* (Deakin West: Catholic Health Australia, 2001), Part 2, no. 1.13; 1.14; 1.15; 1.16; 5.21.

<sup>2</sup> Catholic Health Australia, *Excellence in end-of-life care: A Restatement of Core Principles* Revision of 5-10-18

<sup>3</sup> *Code of Ethical Standards*, Part 2, no. 1.13; 1.14; 1.15; 1.16; 5.21.

**Calvary will not:**

- Directly and intentionally end a person's life, or assist a person to directly and intentionally bring about their own death, for the purpose of relieving suffering.
- Hasten or prolong death.<sup>4</sup>
- Facilitate or participate in assessments undertaken for the purpose of a person accessing, or making use of, the interventions allowed under voluntary assisted dying legislation or provide (or facilitate the provision of) a voluntary assisted dying substance for the same purpose.
- Abandon any person in our care.

**Calvary will:**

- Empower patients, residents and clients to actively participate in decision-making regarding their treatment and care, honour their self-determination through the use of advance care planning, and recognise the role of substitute decision makers/medical treatment decision makers and any other agents acting on behalf of the patient, resident or client.
- Provide holistic, comprehensive end of life care; will address the physical, spiritual, psychological and social needs of patients, residents, clients and their families, including existential distress, with the goal of alleviating suffering.
- Respond openly, respectfully, without discrimination and sensitively to anyone within our care who expresses a wish to explore or consider voluntary assisted dying, in alignment with the principles set out in the *Spirit of Calvary*.
- Actively listen to and accompany<sup>5</sup> any person who is nearing end of life.

**Definitions**

**End of Life Care<sup>6</sup>** includes physical, spiritual and psychosocial assessment, and care and treatment delivered by health professionals and ancillary staff. It also includes support of families and carers, and care of the person's body after their death.

People are 'approaching the end-of-life' when they are likely to die within the next 12 months. This includes people whose death is imminent (expected within a few hours or days) and those with:

- advanced, progressive, incurable conditions;
- general frailty and co-existing conditions that mean that they are expected to die within 12 months;
- existing conditions, if they are at risk of dying from a sudden acute crisis in their condition;
- life-threatening acute conditions caused by sudden catastrophic events.

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<sup>4</sup> World Health Organization, definition of palliative care, 2004 and WHO fact sheet 2015.

<sup>5</sup> Apostolic Exhortation *Evangelii Gaudium* of the Holy Father Francis to the Bishops, Clergy, Consecrated Persons and the Lay Faithful Chapter 3, N.169-173, *Personal accompaniment in process of growth*<sup>i</sup>

<sup>6</sup> Australian Commission on Safety and Quality in Health Care. National Consensus Statement: Essential elements for safe high quality end of life care. 2015.

**Palliative Care**<sup>5</sup> an approach that improves the quality of life of patients and their families facing problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. Palliative care:

- aims to enhance quality of life, and may also positively influence the course of illness; is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications;
- provides relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- neither hastens nor postpones death;
- integrates the psychological and spiritual aspects of patient care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patients' illness and in their own bereavement; and
- uses a team approach to address the needs of patients and their families, including bereavement counselling, if indicated.

**Voluntary Assisted Dying** the term used in Australia to describe the process of administering a substance, which will directly and intentionally cause death, in order to end a person's suffering. This includes all administrative steps of the process, including the formal request and assessment process prior to administration.