



### Say "hello" to Calvary Vonlea Manor—a friendly place you'll love to live in.

Here, there are gardens and courtyards for planting projects and sitting in the sun. Resident rooms are designed for comfort and care—and in day-rooms and communal areas you'll find good company and plenty of things to do.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter by joining us at Calvary Vonlea Manor.





There are gardens and courtyards for enjoying the outdoors and a friendly chat.



Set in a quiet area near reserve land in the heart of Norlane, you'll enjoy peaceful living close to so much.







# Delicious food at your service.



# Enjoy a taste-filled menu prepared by our on-site chef.

Whether it's a freshly baked fish pie with buttered carrots and peas for lunch, or a fragrant bean casserole on a bed of rice for dinner, you'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

## oreakfast

 Continental breakfast spread including cereals, porridge and fresh fruits with yoghurt

### lunch

- Fish pie with buttered carrots and peas
- Chocolate brownie served with fresh cream

## dinner

- Homemade cream of mushroom soup
- Fragrant bean casserole with spring onions and rice
- Queens pudding with cream



From woodwork and walking groups to gardening and craftwork, there's always something to keep you busy.

Keep active, keep connected and keep feeling your best.



mind







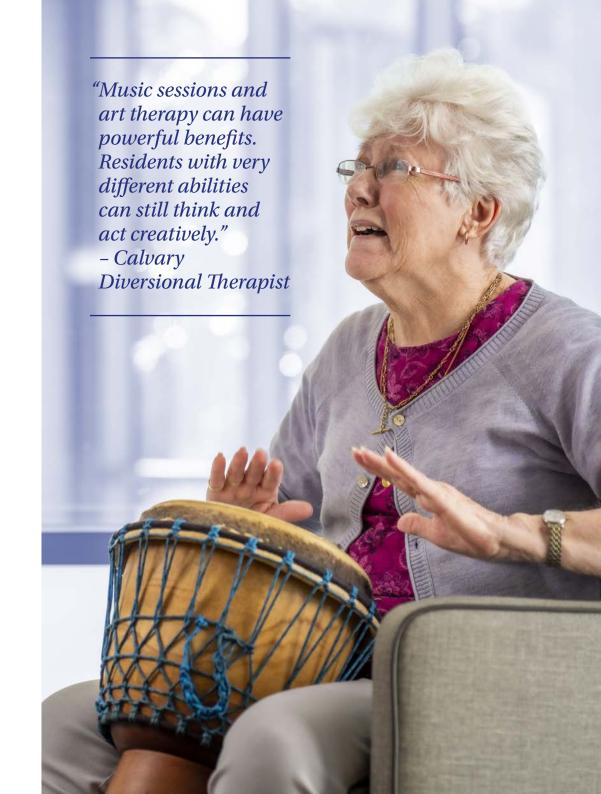
# Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something for all residents, including

those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.

Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side—and join in on group activities such as exercise classes, games, movie nights, music sessions and more. We keep strong ties to the community around us with regular outings—and enjoy entertaining visits from local guests.



# keeping you safe



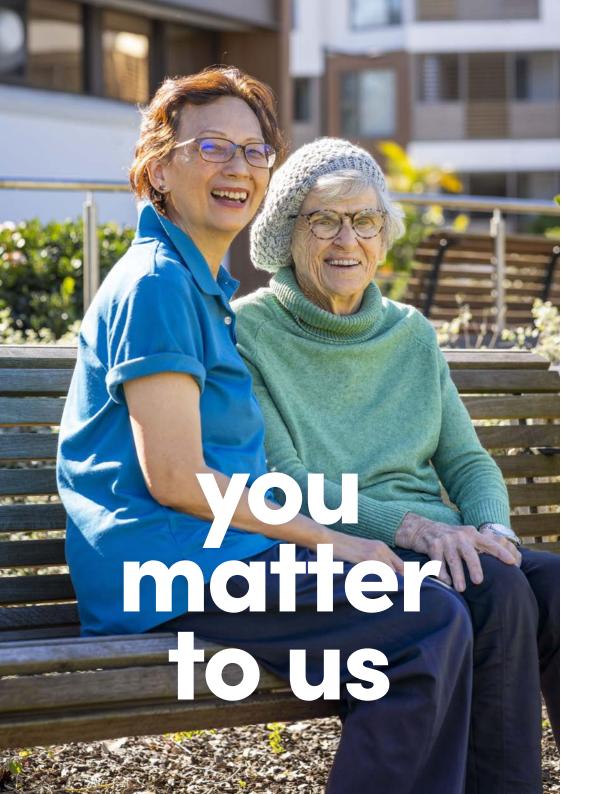


# Providing a lifetime of care is our life's work.

At Calvary Vonlea Manor, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home. We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



# Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

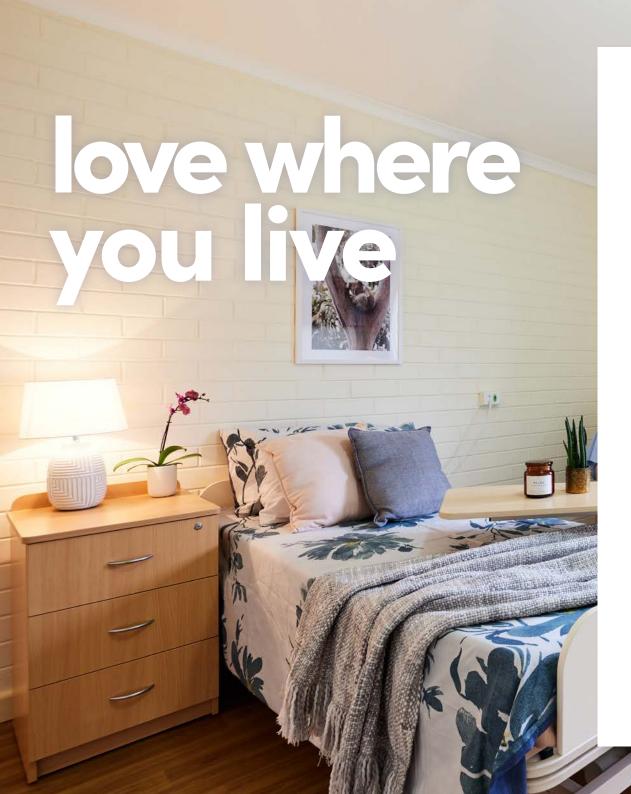
We are proud that the majority of the staff who work at Calvary Vonlea Manor are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators: "Trying to make a difference in our residents' lives is my biggest motivation. It's a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands."





### Staying in or going out? Here, you will enjoy the best of both.

Norlane is a great place to live and close to so much. Local shops and amenities, Moorpanyal Park and the harbour foreshore are all nearby. It's just a quick trip into central Geelong, the train station is only a short walk away, and there are plenty of places for outings.

At home, you'll enjoy every comfort and the assurance of 24-hour care in your own private room with ensuite. When you feel like company or something to do, there are sunny day-rooms and welcoming shared spaces for spending time with visitors or other residents.





Woolworths Bell Post



Fountain of Friendship Park



North Shore Train Station



Moorpanyal Park



St John of God Hospital 13 minute drive

## Amenities and care.

- Private rooms
- Lounge areas
- Dining rooms
- Gardens and courtyards
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care
- Permanent Care

#### **Short-term Respite**

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

#### **Rehabilitation Care**

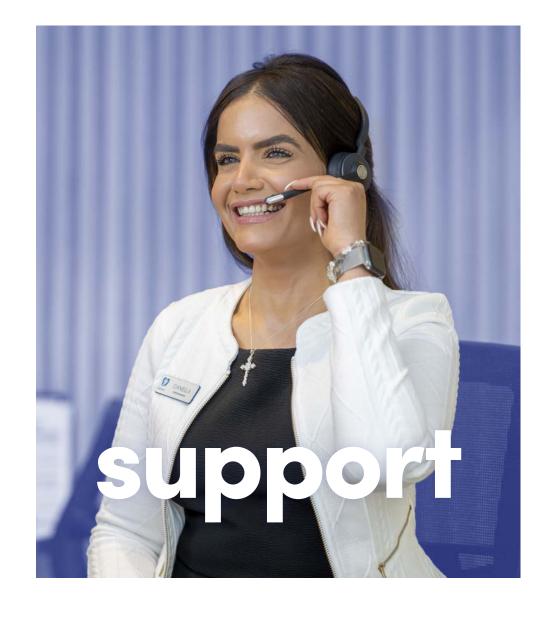
Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and selfcare with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

#### **Residential Aged Care**

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.







Not sure where to start?
Calvary Assist will help you to navigate to the right care for your needs.

Enquire today and speak with our friendly staff at Calvary Assist: **1800 52 72 72** 

Monday to Friday, 9am–5pm



# Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.









#### **Vonlea Manor**

1-9 Moran Place, Norlane Vic 3214

Enquire today with Calvary Assist: 1800 52 72 72

To view our other locations, visit: calvarycare.org.au