

Psycho-Oncology Service appointments happen at the Medical Centre

We see people in the Medical Centre, Level 3, Calvary Mater Newcastle.

When you come for an appointment, please let the staff at the Medical Centre reception know that you have arrived.

Medical Centre

P: 4014 3190

Psycho-Oncology Secretary

P: 4014 4926

Hospital Address

The main entrance of Calvary Mater Newcastle is located on Edith Street, Waratah.



Aboriginal Hospital Liaison Officer contact details

Margaret Whitson

Aboriginal Hospital Liaison Officer

P: 02 4985 0288 or 02 4921 1211

E: margaret.whitson@calvarymater.org.au

Acknowledgement of Land and Traditional Owners

Calvary Mater Newcastle acknowledges the Traditional Custodians and Owners of the lands of the Awabakal Nation on which our service operates. We acknowledge that these Custodians have walked upon and cared for these lands for thousands of years.

We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

All artwork featured is by Doris Glasson 'Aunty Coke'

Front cover: Miyan 'Carer, one that provides and cares for another' (2014)

Inside artwork: Muguwarbang 'Peaceful and quiet' (2014)

About Calvary

Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation. We're responsible for over 12,000 staff and volunteers, 15 Public and Private Hospitals, 15 Retirement and Aged Care Facilities and a national network of Community Care Centres.



Calvary

Mater Newcastle

Awabakal Country
Locked Mail Bag 7
Hunter Region Mail Centre, NSW 2310, Australia
www.calvarymater.org.au

Last updated: June 2020

Psycho-Oncology Service



Calvary

Mater Newcastle

Continuing the Mission of the Sisters of the Little Company of Mary

Calvary Mater Newcastle is a public hospital within the Hunter New England Local Health District network.



Cancer can be very stressful

People with cancer deal with:

- Feeling sick during treatment
- Worrying about the future
- Having lots of medical appointments
- Money problems
- Sometimes being a long way from home

This is why people with cancer are at higher risk than other people of getting depression, anxiety, or experiencing other concerns about their emotional wellbeing.

Cancer affects the whole family

When someone gets diagnosed with cancer the whole family is affected. Sometimes the person with cancer feels they have let people down because for a while they can't keep looking after the family like they usually do.

Caring for someone with cancer is stressful too

It's hard to watch someone you love go through cancer, and it's hard to manage all the day to day jobs to get someone through treatment.

The Psycho-Oncology Service at Calvary Mater Newcastle can help

The Psycho-Oncology Service is a team of Psychologists and Psychiatrists. We offer one-on-one counselling sessions to people who have cancer.

We also offer counselling to people who care for or love someone with cancer who is being treated at Calvary Mater Newcastle. We help people to look after themselves emotionally, so that they can keep caring for their family.

Aboriginal Hospital Liaison Officer (AHLO)

Margaret Whitson is our Aboriginal Hospital Liaison Officer. Her role is to support you and your family.

How much does it cost?

This is a free service. Calvary Mater Newcastle is a public hospital.

How often is a person offered appointments?

This depends on what's going on for the person, but it's usually once a fortnight or once a month.

You might be able to book your appointments with us for days when you are already at the hospital for other appointments.

How to make an appointment

To get an appointment to see us, either:

- Ask Margaret Whitson our Aboriginal Hospital Liaison Officer
- Phone up the Medical Centre to ask for an appointment
P: 4014 3190
- Ask one of your doctors at the hospital, your GP, or another health worker to refer you.

