

# Residential Aged Care



**Calvary**

Mirridong

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY MIRRIDONG

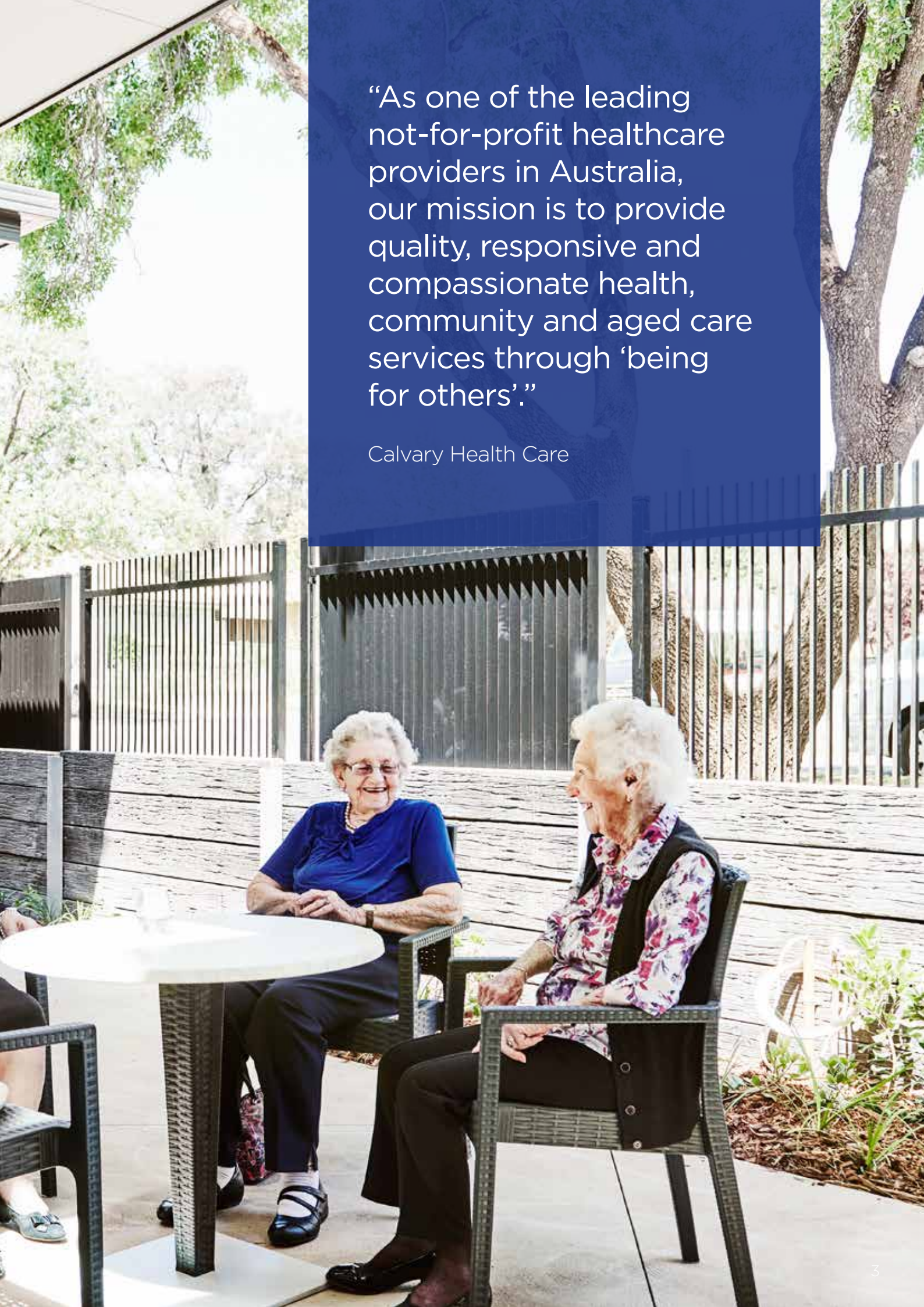
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Ideally positioned only a few minutes from the heart of Bendigo, Mirridong is a modern, warm and friendly home with a proud reputation for a high standard of service and setting alike.

From its beautiful garden views to its freshly cooked meals, every aspect of Mirridong has been designed to make you feel at home. A range of single rooms with ensuites or companion rooms is available, all with garden or courtyard views.

Whether it's relaxing in the light-filled lounges, enjoying a barbecue lunch with visiting family, or getting involved in our engaging lifestyle program, at Mirridong we want you to enjoy the full quality of life which Calvary can offer.



A photograph of two elderly women sitting at a round white table outdoors. They are both smiling and appear to be in conversation. The woman on the left is wearing a blue top and dark pants, while the woman on the right is wearing a floral patterned top and a dark vest. They are seated on dark wicker chairs. The background features a wooden fence and lush green trees under a bright sky. A dark blue semi-transparent box is overlaid on the top right of the image, containing white text.

“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

# LIFESTYLE

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## Community, Entertainment & Education

From bingo to bus trips, there's always something happening at Mirridong. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

With gardens and courtyards, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

With local community visits, you'll stay connected to everything you already love about the neighbourhood.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art and craft.

Enjoy the convenience of a haircut or manicure right at home.



# CARE



## Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, including a specialised area with highly experienced staff for those living with dementia.

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Registered nurses onsite 24 hours a day,  
7 days a week

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Respite and permanent care available

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Caring, committed and compassionate staff

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Specialised area for those living with dementia

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Aromatherapy, speech therapy, physiotherapy  
and podiatry

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Individualised support and therapy plans

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Visits from your own doctor or specialist

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Buffet style breakfast

### LUNCH

Farmhouse beef hot pot

•  
Cinnamon pears with custard

### DINNER

Hearty scotch broth

•  
Roast chicken and vegetables

•  
Queens pudding with cream

**STAY**





Our accommodation provides a welcoming and supportive place to live. Each one of our 120 suites is light, bright and thoughtfully appointed, with high-end finishes, private ensuite and a calm and cosy colour palette.

## Cosy, Comfortable & Modern

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120 private bedroom suites with private ensuite

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Onsite bar to catch up with friends and visitors

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Lounge/sitting areas

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Hair and treatment salon

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Private dining room for functions

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Café

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On-site gym

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# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Mirridong is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

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Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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# LOCATION



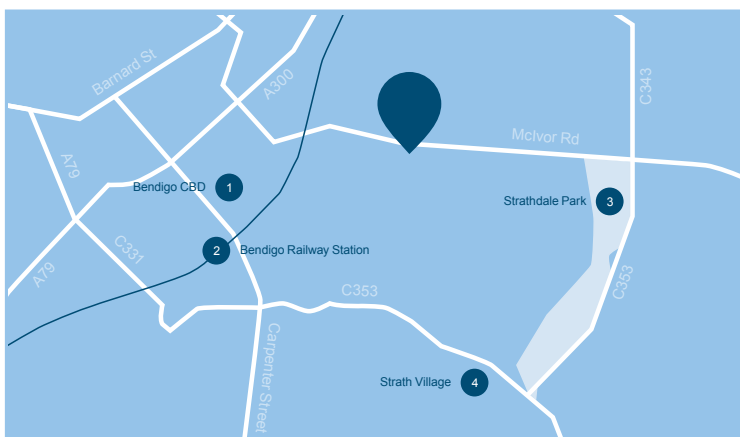
## Picturesque, Friendly & Accessible

Mirridong is surrounded by the best of Bendigo.

Just five minutes from both the town centre and the Strath Village Shopping Centre, at Mirridong you're close to plenty of cafés and shopping options. A bus stop is conveniently located outside our home for easy trips into town.

Our residents enjoy excursions together, from seeing the latest exhibition at the Bendigo Art Gallery to enjoying high tea at the Botanic Gardens.

At Calvary, we maintain close links with the surrounding community, with regular visits from guests and local groups. We also welcome visiting family and friends at any time.



**Bendigo Health**  
2.5 km, 5 min drive



**Harry Trott Oval**  
900 m, 2 min drive



**Bendigo East  
Bushland Reserve**  
700 m, 2 min drive



# LIVING + JOURNEY

## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Mirridong, you can enjoy the following aged care services:

### Short-term Respite

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Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

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### Residential Aged Care

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Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

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### Rehabilitation Care

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Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

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“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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Calvary Mirridong  
92-100 Mclvor Road  
Bendigo VIC 3550  
Call 03 5442 4011