

Down Syndrome Tasmania

The SHAID* Clinics

**Specialised Healthcare for Adults with Intellectual Disability
Calvary Health Care Tasmania*

*Clinical Associate Professor Robyn A Wallace,
BSc(Hons), DipEd, MSc, MBBS, FRACP, PhD, CF,FAFRM, DipPallCare, GDip(Neurosci),MDis
General Physician in SHAID Clinics*

What does the SHAID clinic do?

- Provides outpatient specialised comprehensive medical care for adults with Down syndrome (aged 18 years and older):
 - diagnoses of health problems
 - management
 - care of chronic physical health issues
 - health promotion
 - planning for inpatient hospital care
 - NDIS eligibility and planning for health and well being
- General specialized physical healthcare clinics for adults with Down syndrome from transitioning from paediatric healthcare and into older age
- Links with local, national and international bodies on intellectual disability healthcare
- Intellectual disability health consultancy service for agencies, governments, individuals
- Teaching and research in the area of intellectual disability healthcare and well being
- Assistance to support team in managing healthcare of their clients, especially in the hospital setting
- Limited assessment of functional skills using
- Private Practice clinics generally bulk billed **

** Need other specialist or general practitioner referral; non-rebatable fee may be charged for late cancellations; extra letters and forms over and above standard letters may incur a charge.

The SHAID clinic does not routinely provide inpatient hospital care, does not provide acute medical care and does not provide any psychiatric services; it provides care for chronic physical health conditions of patients with Down syndrome.

*Administrative costs for DST SHAID Clinic kindly funded by
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What do you need to do to make an appointment?

- GP or Specialist referral letter sent/faxed to Dr Wallace, SHAID Clinic at Calvary including the patient contact details
- Person with Down syndrome to be accompanied by family or regular carer
- Bring in all medical files and old tests, medications and a pre-filled questionnaire from the SHAID clinic, Medicare card, NDIS paperwork

Location and contacts

- **Where:** Gleeson House, Calvary Hospital, 49 Augusta Road, Lenah Valley, Tasmania, 7008
- **When:** The clinics are held on last Wednesday of the month
- **How:** For bookings and information: Ms Ella Smith
Phone 03 6278 5456/5567, Fax 03 6278 5233
- **Who:** Ella's email: Ella.Smith@calvarycare.org.au
Robyn's email: robyn.wallace@calvarycare.org.au

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