

The SHAID Clinics*

Specialised Healthcare for Adults with Intellectual Disability Calvary Health Care Tasmania

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Specialist Physician in Internal Medicine*

What does the SHAID Clinic do?

- Provides outpatient specialised comprehensive medical care for adults with intellectual disability (aged 18 years and older):
 - Diagnoses of health problems
 - Management
 - Care of chronic physical health issues
 - Health promotion
 - Planning for inpatient hospital care
 - NDIS eligibility and planning for health and well-being
- Overall physical healthcare clinics for all adults with intellectual disability for those transitioning from paediatric healthcare and into older age
- Links with local, national and international bodies on intellectual disability healthcare
- Intellectual disability health consultancy service for agencies, governments, individuals
- Teaching and research into the area of intellectual disability healthcare and well-being
- Assistance to support team in managing healthcare of their clients, especially in the hospital setting
- Limited assessment of functional skills
- Private practice clinics – weekly Wednesday clinic sponsored by Calvary Lenah Valley Hospital and by Down Syndrome Tasmania once monthly

** Need other specialist or general practitioner referral: non-rebatable fee may be charged for late cancellations.

The SHAID clinic does not routinely provide inpatient hospital care, acute medical care or psychiatric services. It provides care for chronic physical health conditions of patients with Down Syndrome.

Administrative costs for once-weekly Wednesday SHAID clinic kindly funded by Calvary Lenah Valley Hospital and once-a-month kindly funded by Down Syndrome Tasmania for Adults with Down Syndrome

What do I need to make an appointment?

- GP or specialist referral letter sent / faxed to Dr Wallace, SHAID Clinic at Calvary including the patient contact details
- Person with intellectual disability to be accompanied by family or regular carer
- Bring in all medical files and old tests, medications and a pre-filled questionnaire from the SHAID Clinic, Medicare care and NDIS paperwork

Location and Contacts

- **Where:** Gleeson House, Calvary Hospital, 49 Augusta Road, Lenah Valley, Tasmania 7008
- **When:** the clinics are held on the last Wednesday and the clinic for adults with Down Syndrome is held on the last Wednesday of the month. If clinic bookings are at capacity, other non-bulk-billed appointments are offered.
- **Cost:** The Wednesday weekly clinic is bulk-billed, but if the clinical is fully booked and the wait-list deemed too long, other appointments on other days may not be bulk-billed
- **How:** For bookings and information: Linda, Emma

Phone: (03) 6278 5456 / 5567

Fax: (03) 6278 5233

Gleeson House Email: TAS-LVH-CMG@calvarycare.org.au

Robyn's Email: robyn.wallace@calvarycare.org.au

**Administrative costs for SHAID Clinic kindly funded by:
Calvary Lenah Valley Hospital and Down Syndrome Tasmania**