

Residential Aged Care



Calvary

Kelaston

Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY KELASTON

Formerly the Hospital for the Blind, Kelaston is a warm and relaxing place to call home. Nestled amongst shaded gardens and courtyards, Kelaston is where you can relax and enjoy a serene atmosphere, equipped with every convenience you could need.

This tranquil residence, located nearby to beautiful Lake Wendouree in Ballarat, raises the bar for aged care in the local community. All private rooms have individually controlled heating and cooling to ensure your comfort all year round. Naturally, you'll have access to the highest level of 24-hour care for which Calvary is renowned.

Our engaging lifestyle program is tailored to each resident, while our location provides the perfect place to continue living your next chapter. In every way, at Kelaston we want you to enjoy the best quality of life which Calvary can offer.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



LIFESTYLE



Community, Entertainment & Education

From relaxation yoga to ladies' morning teas, there's always something happening at Kelaston. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch movies in style, enjoy a musical performance or fun singalong.

With gardens and courtyards aplenty, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

Enjoy the convenience of a haircut without leaving home.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, arts and crafts.

Just for the guys, our Men's Group promotes friendship and wellbeing with a range of activities.



CARE



Health, Wellbeing & Safety

Never has proper and safe care been more important than now. At Kelaston, our healthcare professionals follow strict health and safety rules while ensuring that the individual's wellbeing is always at the centre of everything we do.

Permanent aged care, respite and short stay care available

24/7 nursing care

GP of your choice

Aromatherapy, speech therapy, physiotherapy and podiatry

Individualised support and therapy plans

Palliative care



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits

LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

DINNER

Creamy mushroom soup



Roast chicken and vegetables



Queens pudding with cream

STAY



Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live while receiving 24-hour care.

Spacious, Homely & Calm

Private bedrooms with private ensuites and garden or courtyard access

Relaxing day rooms, spacious lounge room and dining areas

Beautiful gardens and courtyards

Theatre and activity room

On-site café open 5 days a week

Hairdressing salon



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Kelaston is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

LOCATION



Peaceful, Quiet & Convenient

Kelaston is ideally positioned, with a bus stop right out the front and local shops just moments away on foot.

It's also a short drive from the bustling centre of Ballarat, full of popular cafés and restaurants. When our residents are not taking in the tranquil surrounds at home, they can be found strolling in the nearby Lake Gardens and spotting plenty of wildlife at Lake Wendouree Reserve.

We arrange regular group and individual outings, and because we believe in maintaining close links with our community, we also enjoy regular visits from guests and local organisations.



Ballarat Base Hospital
3.9 km, 8 min drive



North Gardens
1.6 km, 4 min drive



Wendouree Railway Station
600 m, 2 min drive



LIVING + JOURNEY

Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Kelaston, you can enjoy the following aged care services:

Day Respite

This option gives individuals the benefits of residential care on a short-term basis, either for a day or an overnight stay. Meals and supported care are provided for the duration of the stay, and individuals are invited to participate in the leisure and lifestyle activities available at the home.

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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