



Sandhurst

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



A peaceful seaside community awaits you at Carrum Downs.

Courtyards and gardens provide restful outdoor areas. Rooms are spacious and modern – and inviting shared spaces host recreational activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. At Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Sandhurst.



welcome



Calvary Sandhurst has great access to surrounding cafes and parks, and is only a 10 minute drive to the beach.

Walk along the sandy coastline, head to nearby shops or enjoy quiet time in our private courtyard.



Bright and spacious rooms look out onto lush gardens and courtyards – the perfect place to relax in the sun or have a chat with friends.



lifestyle

Tastes to tempt you



Dining room



Relax and enjoy



Delicious food at your service.



Enjoy a taste-filled menu prepared by our on-site chef.

Start your day with a delicious breakfast spread with sweet and savoury options and choose from mouth-watering dishes like beef hot pot or roast chicken and vegetables. Our evolving menu means you'll never get bored with what's on offer.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Hearty Scotch broth
- Roast chicken and vegetables
- Queens pudding with cream



From woodwork and walking groups to barbecues and bus trips, there's always something to keep you busy.



Look your best with our on-site hair and manicure salon.



body mind



*"With our own lovely salon, I always walk out with a smile on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

With our wide range of activities, from cooking classes to ten-pin bowling, you're sure to find something to match your interests and make your day.

Enjoy all the entertainment of social events such as Gold Class Movie nights, live musical performances, singalongs and quizzes.



Get muscles and minds moving with exercise classes, seaside walks and lawn bowls, board games, card games and crossword puzzles. Indulge your creative side with woodwork, dance and arts and crafts.

Prefer time on your own? Relax with a good book, or a manicure and styling session at the beauty salon.

“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”

*- Calvary
Diversional Therapist*



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Sandhurst, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



you
matter
to us

Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Sandhurst are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care – which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



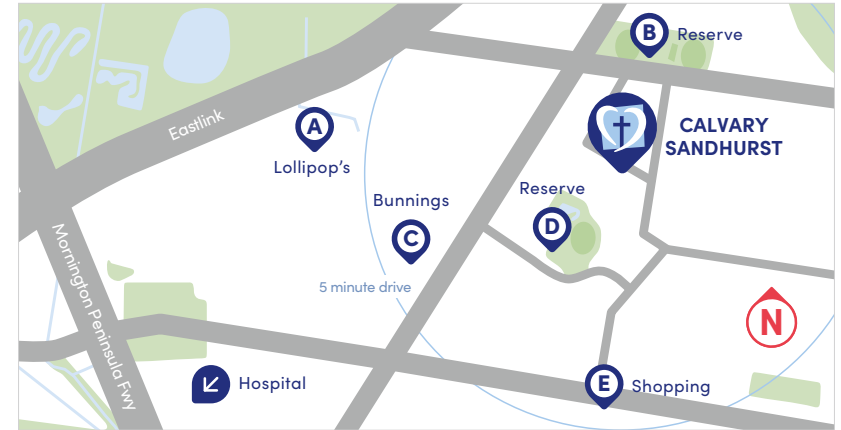


love where
you live

Staying in or going out? Here, you will enjoy the best of both.

With local walking tracks, Seaford Pier and beaches at its doorstep, Calvary Sandhurst is a peaceful address within easy reach of shops, eateries and community amenities. Our shuttle bus will take you out and about, making regular trips for outings and essentials.

At home, you'll enjoy every comfort and the assurance of 24-hour care. For your accommodation, choose a private, ensuite room or companion room with bathroom. When you have visitors or feel like company, there are welcoming shared spaces to relax in.



- A** Lollipop's Carrum Downs
- B** Carrum Downs Recreational Reserve
- C** Bunnings Carrum Downs
- D** Banyan Reserve
- E** Carrum Downs Regional Shopping Centre
- N** Frankston Hospital 18 minute drive

Amenities and care.

- Single and double rooms with private ensuites
- Lounging and dining areas
- Gardens and courtyards
- Well-stocked library
- On-site salon
- Activities room
- Dining room
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care

Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

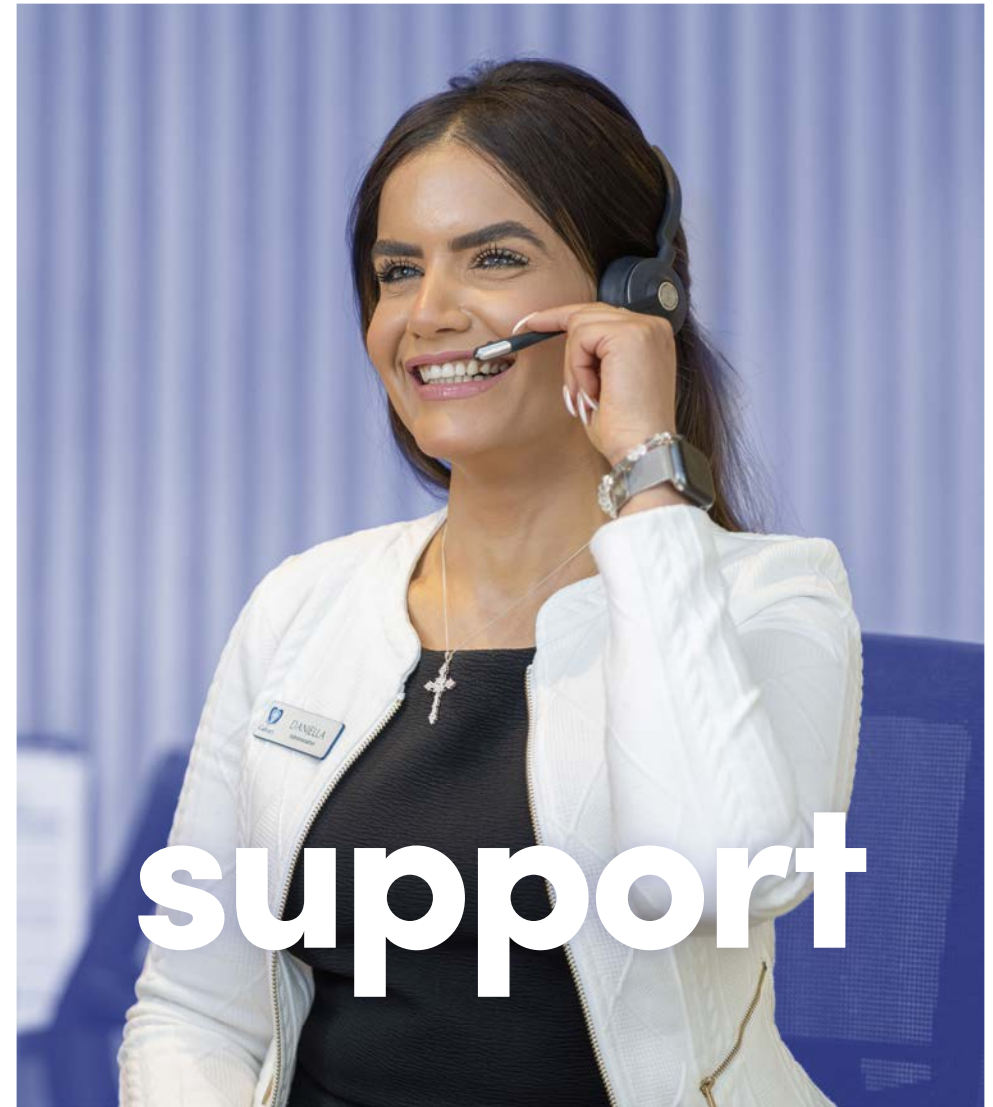
Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.





*Always handling
with care
and patience.*



Sandhurst

20 Herbert Road,
Carrum Downs Vic 3201

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: calvarycare.org.au