



St Joseph's

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Discover a peaceful and modern sanctuary at your home in Sandgate.

Relax in multiple patio and garden areas, stay in spacious modern rooms and socialise in inviting common spaces designed to host leisure activities and opportunities for you to connect.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary St Joseph's.



welcome



Set in peaceful and picturesque surrounds, this is a warm and friendly home you'll be glad to call your own.

Beautifully landscaped gardens and light-filled living areas make this a special place to live in.



Your own space here is a private retreat, in a room designed for comfort and care. You'll emerge rested and ready to make the most of every day.



lifestyle

The perfect
Sunday roast



Cafe open daily



Relax and enjoy



Delicious food at your service.

Enjoy a taste-filled
menu prepared by
our on-site chef.

Start your day with a fresh fruit
or cooked breakfast and find new
tastes and old favourites in the
delicious lunch and dinner options.
You'll never get bored with our
ever-evolving seasonal menu.

Our chefs take great pride in
designing a menu that caters for
varied tastes, and great care in
preparing all meals, ensuring all
dietary requirements are followed.

Dine with your fellow residents in
our communal dining area or in
the comfort of your own room
with meals delivered to your door.
During the day you'll find sweet
treats and savouries, hot drinks
and refreshments in our own cafe.



breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Hearty Scotch broth
- Roast chicken and vegetables
- Queens pudding with cream



From art and crafts
and cooking classes
to bingo and bus
trips out, there's
always something
to keep you busy.



Look good and feel
fabulous after a visit
to the on-site salon.



body mind



*"With our own lovely
salon, I always walk
out with a smile
on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

From morning walks outside to bingo nights in the lounge area, there's always something to look forward to at Calvary St Joseph's—with bonus benefits for your happiness and wellbeing.

Have fun and keep your mind sharp with puzzles, cards and board games—or stay active with a group exercise class or a stroll around the gardens or a little further afield.

Our leisure and lifestyle activities schedule includes musical performances, quiz nights, art and crafts, cooking classes, singalongs and so much more.

We plan regular excursions to visit the many attractions and sights of this beautiful area. And when it's time to relax, you'll find plenty of spots to curl up with a good book, enjoy a 'Pet Therapy' cuddle or a catch up with company.



"Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively."
– Calvary
Diversional Therapist



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary St Joseph's, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



you
matter
to us

Compassion is at the heart of all we do.

Our goal?

To deliver excellent care, every day.

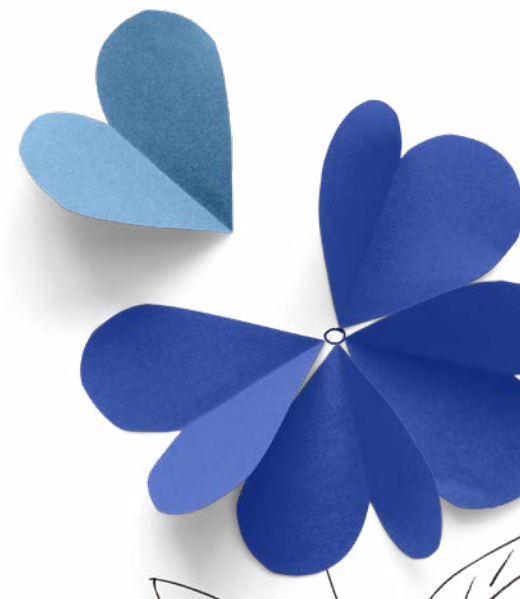
We are proud that the majority of the staff who work at Calvary St Joseph's are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

"Trying to make a difference in our residents' lives is my biggest motivation. It's a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands."



love where you live

Staying in or going out? Here, you will enjoy the best of both.

All of the best of Newcastle is just a short drive or bus trip away, whether you're looking to shop, catch up with family, enjoy time by the water or have a picnic in parklands. Residents are encouraged to head out with loved ones on day trips—and we regularly organise bus trips and social outings to do the same.

At home, you'll enjoy the benefits of 24-hour care, plus the comfort of a private room with ensuite or a shared room with bathroom for two. Community is at the heart of Calvary St Joseph's with family and friends of all ages welcome to visit at any time—our on-site playground is very popular with the little ones.



- | | |
|---------------------------------------|---|
| A Hexham Bowling Club | D Warabrook Train Station |
| B Treetops Adventure Newcastle | E Newcastle Golf Club |
| C Jesmond Central | F Calvary Mater Newcastle Hospital |

Amenities and care.

- Private rooms with ensuites
- Single or shared rooms
- Lounge and dining areas
- Gardens and courtyards
- Cafe with playground
- On-site chapel
- Priest and pastoral care
- Ethno-specific Unit
- Pet Therapy
- Memory Support Unit
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care
- Permanent Care
- Palliative Care

Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm




Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.



A photograph of two hands, one adult and one child, gently holding a light-colored heart-shaped card. The card has the text "Always handling with care and patience." written on it. The background is a light blue gradient with decorative white dotted patterns and a row of white circles at the top right.

*Always handling
with care
and patience.*



St Joseph's

240 Maitland Road,
Sandgate NSW 2304

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: **calvarycare.org.au**

Calvary thanks all those who appear in our images. Images from other homes may be shown.