

# Residential Aged Care



**Calvary**

Millward

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY MILLWARD

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Millward is located in Doncaster East, only minutes from the Eastern Freeway, yet the home enjoys a feeling of serenity due to our beautifully manicured gardens and surrounding parklands.

Millward offers a variety of spacious rooms with charming views for singles and couples. The lounges and spacious day rooms make our residents feel right at home, in a welcoming and tranquil environment where tradition meets contemporary comforts.

We are also proud of our tailored lifestyle program and of our expertise in looking after residents living with dementia in our very own Memory Support Unit.

Our residents and their family members also value the option to have a partner live right next door at Sydney Williams, our popular independent living units.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



# LIFESTYLE

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## Community, Entertainment & Education

There's always something happening at Millward. We offer a comprehensive 7-day lifestyle program with a range of activities, designed for the wellbeing of everyone.

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Brush up on a skill or develop a new passion by joining our popular arts and crafts activities.

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Watch movies in style in our very own cinema, enjoy a musical performance or fun singalong.

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Male lifestyle staff for our gentlemen.

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Enjoy the convenience of a haircut without leaving home.

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Outdoor walking group through our scenic gardens.

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We are proud of our close ties with the local Beverley Hills Primary School.

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# CARE



## Health, Wellbeing & Safety

With round the clock care, the health of body and mind rests in the best of hands. At Millward, we offer a level of care suited to each resident.

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Permanent aged care and respite

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24/7 nursing care

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Memory Support Unit for people living with dementia

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Specialised games on Tovertafel projector to engage people living with dementia

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GP of your choice

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Speech therapy, physiotherapy and podiatry

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Continental breakfast spread



Cereals, porridge and fruits



Weekly hot breakfast

### LUNCH

Oriental-style roast pork with fresh vegetables



Apricot panna cotta

### DINNER

Creamy mushroom soup



Chicken and barley casserole with swede and carrot mash



Golden syrup dumplings with ice cream

**STAY**

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Our aged care accommodation is all about choice, ranging from spacious single rooms with great views to comfortable companion rooms for two. Millward has a variety of options that ensure you get to live the way you want while having 24-hour nursing care available.

## Cosy, Comfortable & Modern

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All rooms have their own ensuite

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Companion rooms ideal for couples

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Relaxing day rooms, lounges and dining areas

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Overnight family accommodation during palliative support

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Safe and spacious outdoor areas

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# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Millward is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

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Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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# LOCATION

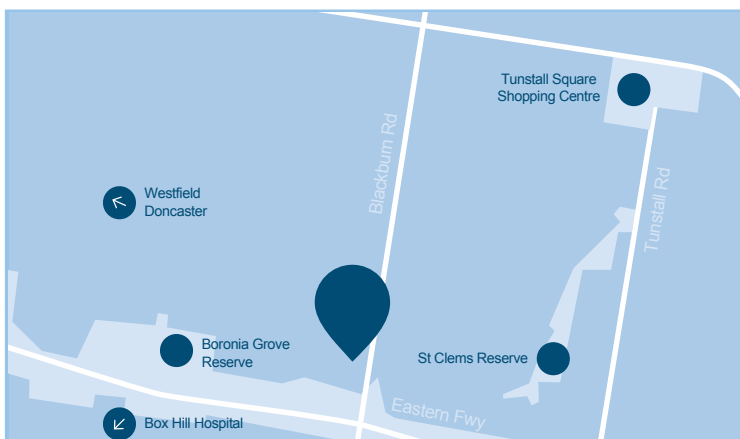


## Accessible, Convenient & Peaceful

Millward is located just off the Blackburn Road exit from the Eastern Freeway, allowing easy and convenient access for our families and visitors.

There is abundant parkland within walking distance, as well as the Koonung Creek trail. Millward is also close to local shops and a short drive to Blackburn North Bowling Club.

We believe in maintaining close links with our community and enjoy regular visits from guests and local organisations.



**Box Hill Hospital**  
5.6 km, 7 min drive



**Baratta / Thea Reserve**  
800 m, 3 min drive



**Blackburn Railway Station**  
2.8 km, 5 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Millward, you can enjoy the following aged care services:

### Day Respite

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This option gives individuals the benefits of residential care on a short-term basis, either for a day or an overnight stay. Meals and supported care are provided for the duration of the stay, and individuals are invited to participate in the leisure and lifestyle activities available at the home.

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### Short-term Respite

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Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

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### Residential Aged Care

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Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

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### Rehabilitation Care

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Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

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“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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