



Albury & District

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Peaceful living on the edge of town – your new home in Albury awaits.

Here, you'll find care and comfort in a friendly home you'll love to live in.

Courtyards and gardens provide restful outlooks and recreational areas. Rooms are spacious and well-appointed. Inviting shared spaces are for all to enjoy.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter by joining us at Calvary Albury & District.



welcome



Beautiful gardens and courtyards provide peaceful outlooks and social areas for everyone to use and enjoy.



Take a quiet moment or enjoy a chat in the on-site cafe or one of the inviting day rooms.



Your own space here is a private retreat, in a relaxing room with every comfort. You'll emerge rested and ready to make the most of every day.



lifestyle

Tastes to tempt you



Cafe open daily



Relax and enjoy



Delicious food at your service.



Enjoy a fresh and exciting seasonal menu prepared by our on-site chef.

Whether it's a home-style roast chicken with all of the trimmings, or a hearty Scotch broth, you'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Hearty Scotch broth
- Roast chicken and vegetables



From craftwork and cultural days to Men's Group, Women's Group and more, there's always plenty to do.

"With our own lovely salon, I always walk out with a smile on my face."
- Calvary Resident

Look good and feel fabulous after a visit to the on-site salon.



body **mind** **self-care**





Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something

for all residents, including those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.

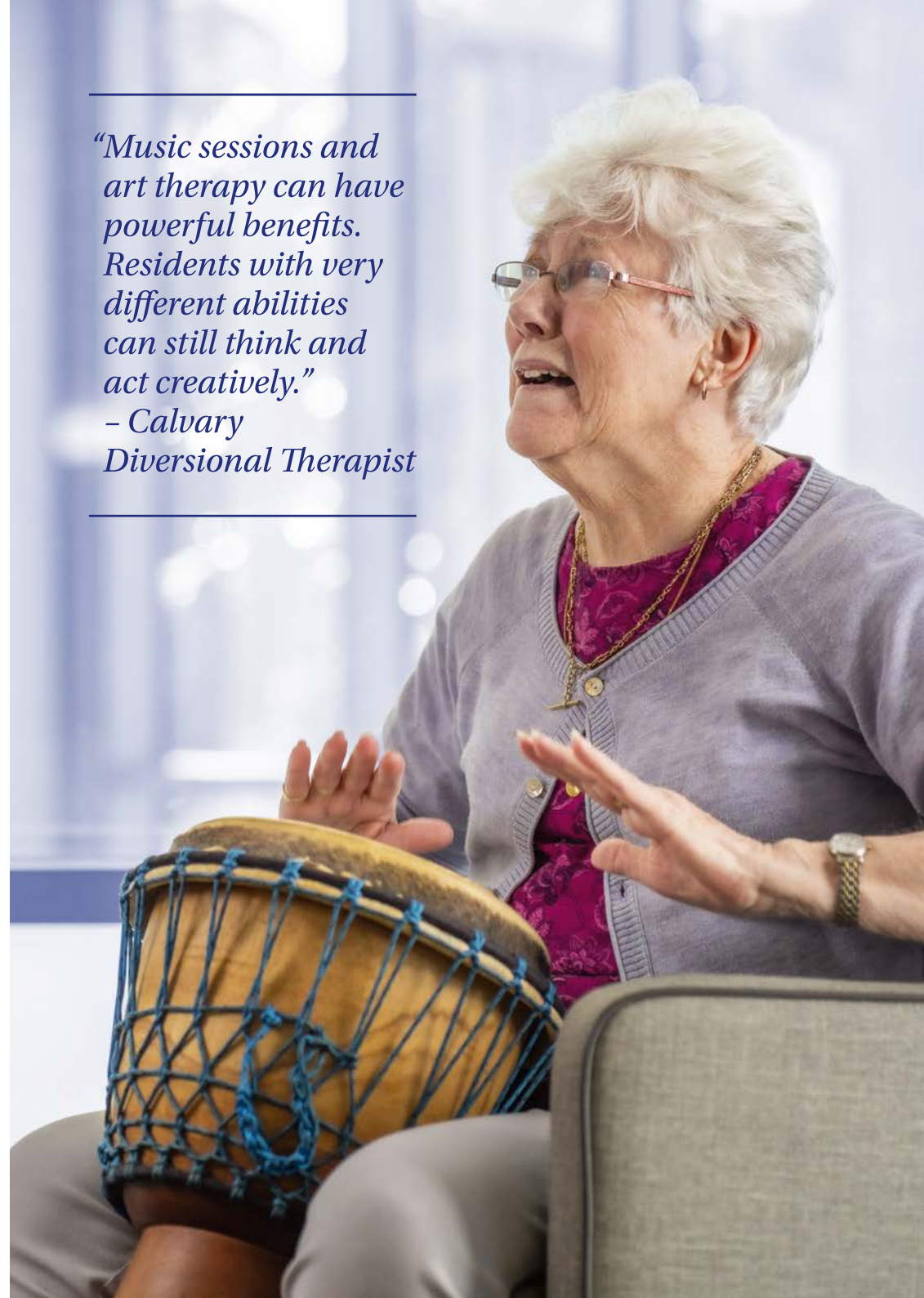
Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side.

Join in on group activities such as exercise classes, table games, movie nights, music sessions and more. We maintain strong ties to the community around us by taking regular trips out and about, and inviting local guests and groups to visit us.



“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”

*- Calvary
Diversional Therapist*



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Albury & District, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



**you
matter
to us**

Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

At Calvary Albury & District, residents are well looked after by a multi-disciplinary team including Registered Nurses plus care, maintenance, kitchen cleaning and laundry personnel.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care – which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



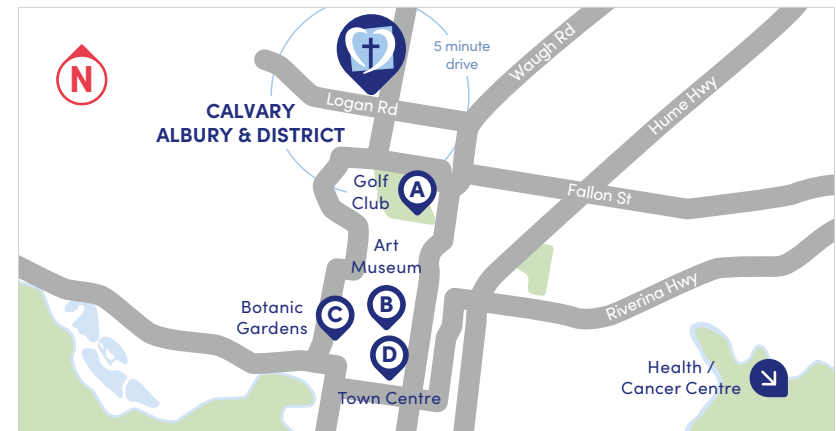


love where
you live

Staying in or going out? Here, you will enjoy the best of both.

Sitting at the edge of town and country, we are close to so much. Local shops and buses are only a stroll away, and it's a short trip to the shops, amenities and cafes in the heart of town. Lake Hume, the botanic gardens and art museum are popular places to go – and we often take day trips out and about.

At home, you'll enjoy every comfort, a private or shared suite, and the assurance of 24-hour care. Connection and company are at the heart of life here, which is why there are many inviting shared spaces for spending time with others – including a multi-purpose entertainment theatre/cinema/chapel.



- A** Commercial Golf Club
- B** Murray Art Museum Albury (MAMA)
- C** Albury Botanic Gardens
- D** Albury Town Centre
- Albury Wodonga Health / Cancer Centre - 11 minute drive

Amenities and care.

- Private rooms and ensuites
- Private dining room
- Gardens and courtyards
- Multi-purpose room
- Podiatry and audiometry
- Dementia support
- Short-term Respite
- Residential Aged Care
- Reablement Programme

Short-term Respite

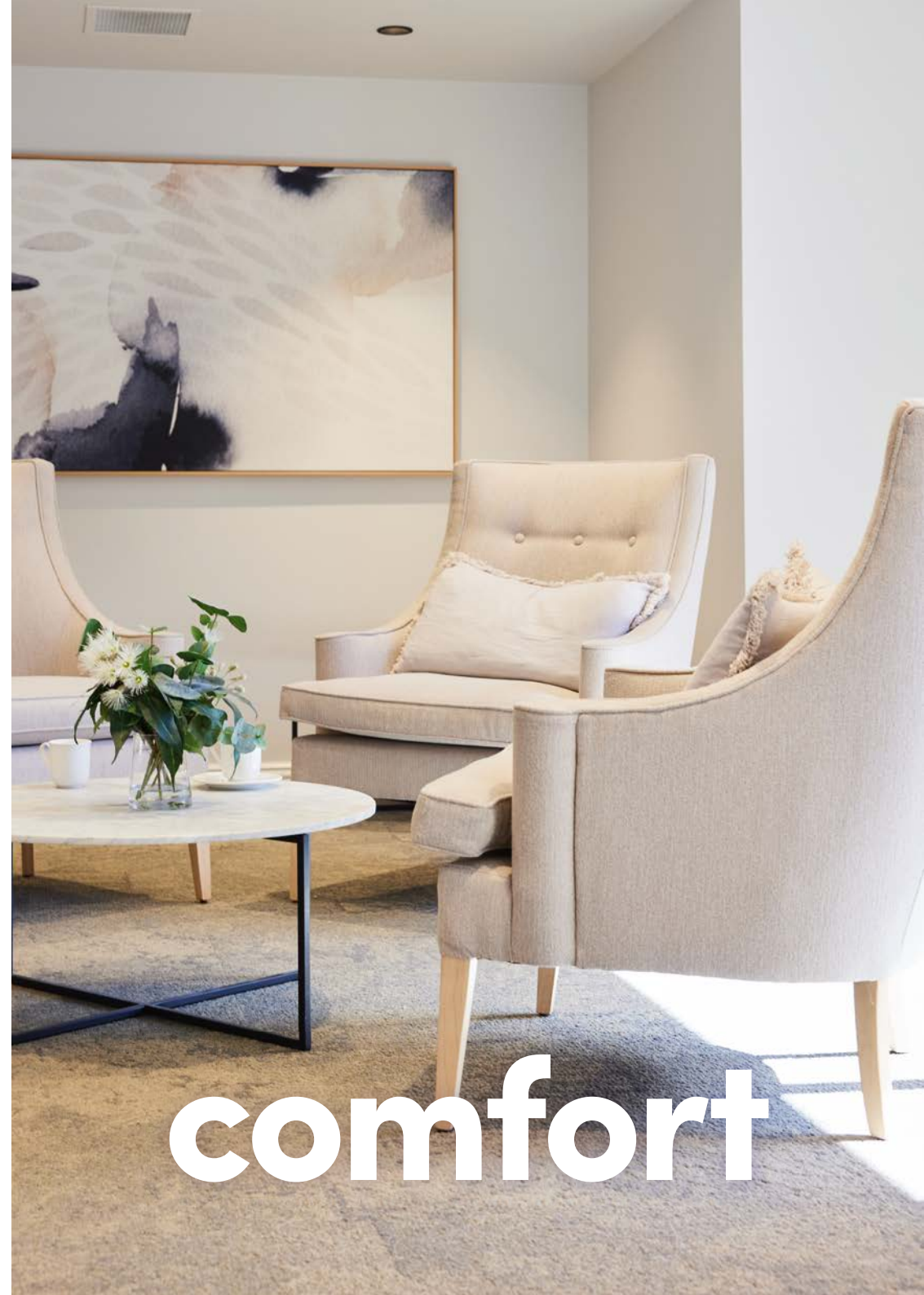
This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Reablement Programme

This programme is designed to assist participants to achieve functional mobility and self-care with minimal assistance. It is available for residents who need it, and as short-term support for older people after a hospital stay. Our on-site physiotherapist and care coordinator collaborate to tailor a comprehensive programme to best suit individual requirements and may include a combination of pain therapy, reablement therapy and Active Ageing Group participation.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents, we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



personal

Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



support

Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am-5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.





*Always handling
with care
and patience.*



Albury & District

636 Logan Road,
Glenroy NSW 2640

Enquire today with Calvary Assist: **1800 52 72 72**

To view our other locations, visit: calvarycare.org.au