



Calvary

Brighton

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Easy, breezy coastal living at beautiful Brighton beach.

Catch fresh ocean breezes in courtyards and gardens. Relax in rooms that are light-filled and spacious. Enjoy welcoming communal areas where you'll find leisure activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Brighton.



welcome

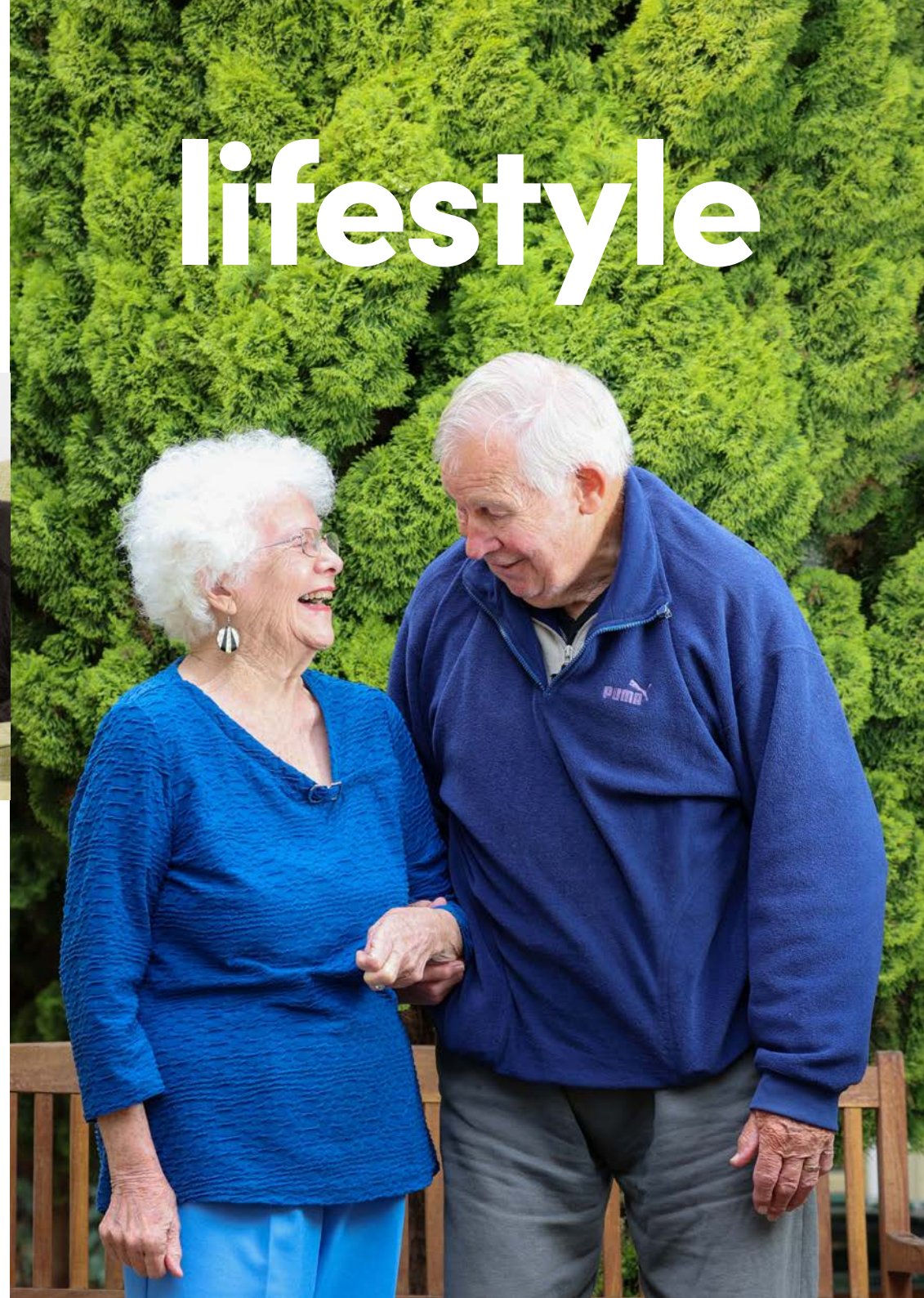


Set close to the coast in South Brighton, this is a warm and welcoming place to call home.

Courtyards and gardens provide picturesque outdoor spaces for quiet time or company.



Our resident rooms are light-filled and spacious, designed for comfort and care —so you'll emerge rested and ready to make the most of every new day.



lifestyle

Tastes to tempt you



Communal dining



Enjoy!



Delicious food at your service.

Enjoy a taste-filled menu prepared by our on-site chef.

Whether it's a hearty, farmhouse-style beef hot pot for lunch, or a roast chicken with your favourite vegetables for dinner, you'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. Indoors and out, you'll always find somewhere to enjoy a cuppa and a chat.



breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Hearty Scotch broth
- Roast chicken with vegetables
- Queens pudding served with cream



From beach walks
to bus trips, there's
always something
to keep you busy
at Calvary Brighton.



Schedule a salon visit
to keep you looking
good and feeling great.



body mind



*"With our own lovely
salon, I always walk
out with a smile
on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something for all residents, including those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.



Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side. Join in on group activities such as exercise classes, table games, movie nights, music sessions and more. We keep strong ties to the community around us with regular outings, and extending invitations to local entertainers and speakers to visit us.

"Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively."
– Calvary
Diversional Therapist



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Brighton we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



you
matter
to us

Compassion is at the heart of all we do.

Our goal?

To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Brighton are Calvary employees. This allows us to build strong teams and provide a more consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”

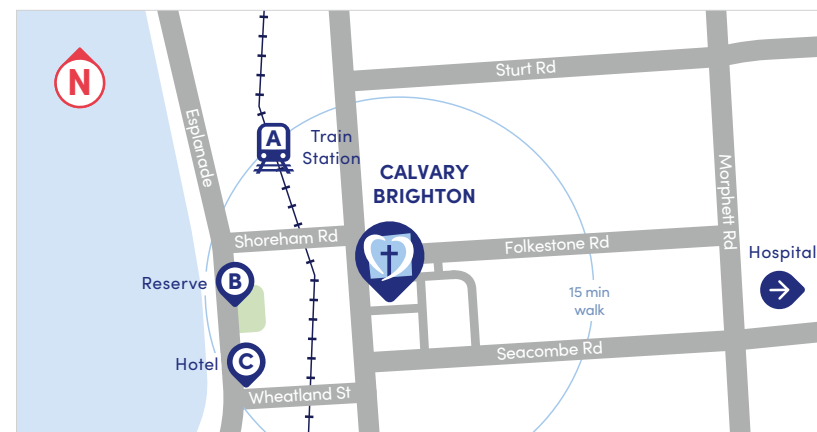


love where you live

Staying in or going out? Here, you will enjoy the best of both.

So close to the beach, it's easy to enjoy seaside walks, a drive along the Esplanade—or a swim for the more adventurous! Join the buzz of beach life at local shops and cafes or the shops and amenities of the wider area. Public transport is close by—we also take regular trips out and about.

At home, you'll enjoy every comfort and the assurance of 24-hour care. For your own accommodation choose a single room with ensuite or companion room with bathroom. There are welcoming shared spaces, day rooms and lounges, for spending time with visitors or other residents.



Brighton Train Station



Angus Neill Reserve



Seacliff Beach Hotel



Flinders Medical Centre
10 minute drive

Amenities and care.

- Private rooms
- Day rooms and lounges
- Private dining room
- Gardens and courtyards
- Physio and podiatry
- Speech therapy
- Aromatherapy
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care
- Permanent Care

Short-term Respite

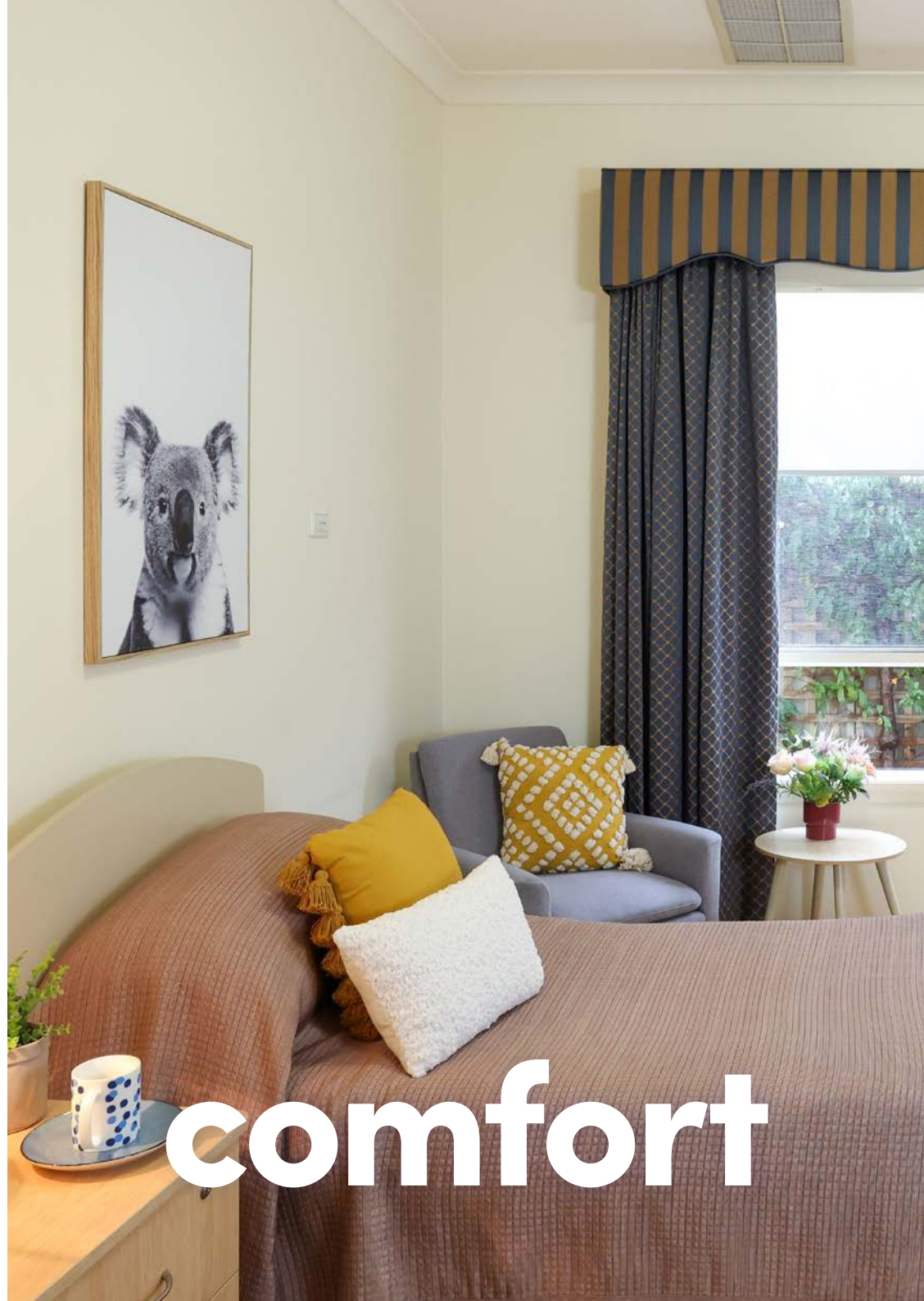
This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.





Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters
on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.



A photograph of two hands, one adult and one child, gently holding a light-colored heart-shaped card. The card has the text 'Always handling with care and patience.' written on it. The background is a light blue gradient with decorative white dotted patterns and a row of blue circles at the top right.

*Always handling
with care
and patience.*



Brighton

580 Brighton Road,
South Brighton SA 5048

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: **calvarycare.org.au**

Calvary thanks all those who appear in our images. Images from other homes may be shown.