

Residential Aged Care



Calvary

The Mariner

Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

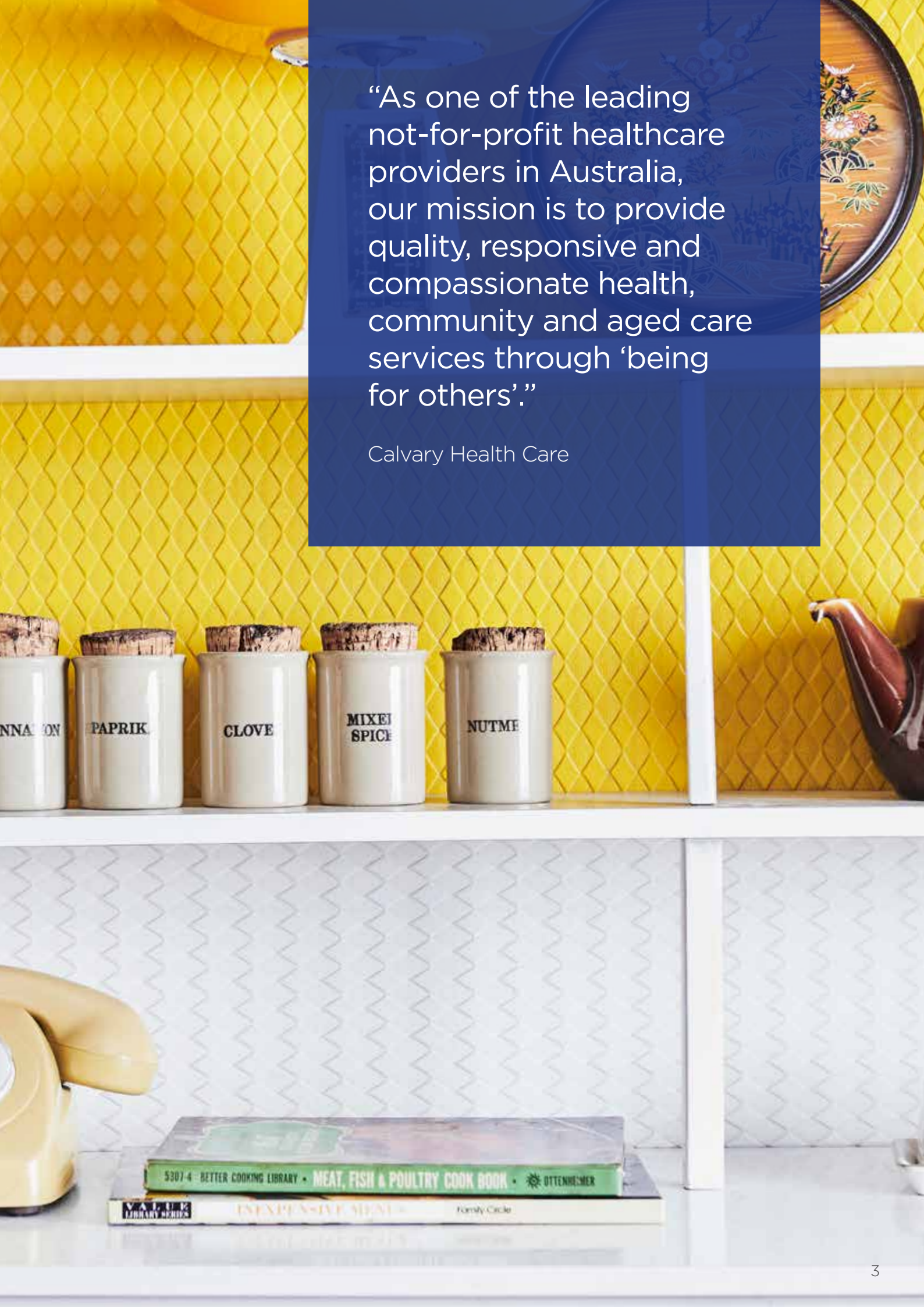
WELCOME TO CALVARY THE MARINER

The Mariner is a Calvary home. It is located in the tranquil seaside town of South West Rocks, only minutes from the beach and lush national parks. The Mariner is an idyllic haven for those seeking a sea change and health benefits from temperate coastal living.

By making The Mariner your new home, you will not only be welcomed by a supportive community, but you will also enjoy a lifestyle that embraces everything this wonderful part of the world has to offer, all under yearlong sunshine.

The Mariner's friendly staff are passionate locals who provide the highest standard aged care, dementia care and respite services.





“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

LIFESTYLE



Community, Entertainment & Education

The Mariner is a hub for excursions to explore the picturesque scenery, but we also know how to celebrate in style. Whether it is a holiday, birthday, a special event, or simply a barbecue with friends, there's always something happening.

Our lifestyle program offers a rich and rewarding range of activities that are tailored to the individual.

Watch movies on the big screen, enjoy a musical performance or join in a fun singalong.

Take in some fresh air or soak up some sun in the outdoor patio area.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and, of course, bingo.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art, craft and singing.

Keep looking your best without leaving home at our on-site hairdressing salon.





CARE



Health, Wellbeing & Safety

At Calvary, the health of body and mind rests in the best of hands, with round the clock nursing care and a highly experienced local team. We offer a level of care suited to each resident's needs, including a specialised 'small home' environment for those living with dementia.

Permanent aged care, dementia care & respite

24/7 nursing care

Visitor flat available for resident families

Keep your own doctor

Audiometry, audiology, dentistry, optometry, physiotherapy and other allied health services available



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

Continental breakfast including cereals, fruits, toast and porridge

LUNCH

Chicken Parmigiana

Lemon slice

DINNER

Home-made pumpkin soup

Fried salmon with freshly squeezed lemon and salad

Queen pudding with cream

STAY





Whether you are moving in with your partner and you require a Classic Companion room or a high-end Platinum Suite with views that are the envy of the neighbourhood, The Mariner has an abundance of accommodation options to choose from.

Cosy, Comfortable & Modern

All rooms have ensuites

Suites with panoramic views available

Beautiful gardens and courtyard

Rooftop terrace

Self-serve café

Private dining room



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at The Mariner is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

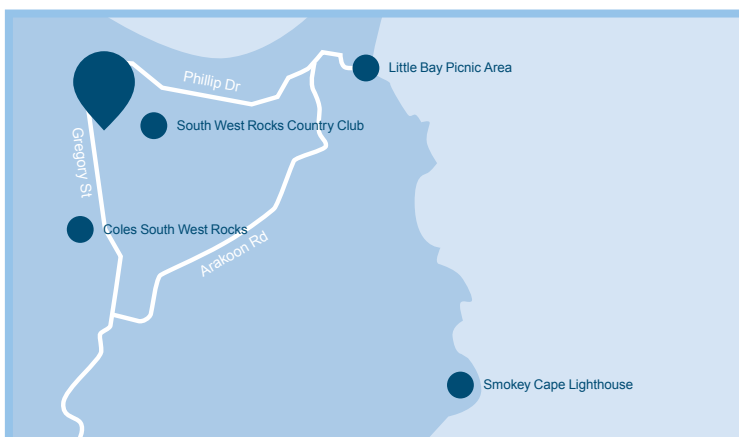
LOCATION



Picturesque, Friendly & Accessible

A seaside haven awaits you.

Nestled near Hat Head National Park, and just moments from Trial Bay, The Mariner offers an unparalleled blend of wilderness and coastal tranquility. Popular activities in town are boating and fishing, strolls in the national park or catching up with friends for a coffee. We are also good friends with our neighbours at the South West Rocks Country Club who look after our local golf course. Everything is at your fingertips at The Mariner.



Kempsey District Hospital
30 km, 35 min drive



South West Rocks Cricket Ground
1.8 km, 3 min drive



Trial Bay Front Beach
1.5 km, 3 min drive

LIVING + JOURNEY



Individual Care & Wellbeing

We ensure that you are cared for. At Calvary The Mariner, you can enjoy the following aged care services:

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

Calvary The Mariner
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Call 02 6566 5872