



Calvary

Springvale

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Meet your new home in the heart of Springvale.

Courtyards and gardens provide restful outlooks and outdoor spaces. Rooms are spacious and well-appointed. Welcoming communal areas host leisure activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Springvale.



welcome



Set in the heart of a colourful multi-cultural community, this is a vibrant and social place to call home.

Courtyards and gardens provide peaceful places for a stroll or a catch-up.



Resident rooms enjoy garden views and are designed for comfort and care—to help you feel ready and rested to make the most of every day here at Calvary Springvale.



lifestyle

Favourite foods
and fresh flavours



Cafe open daily



Enjoy!



Delicious food at your service.



Enjoy a taste-filled
menu prepared by
our on-site chef.

Whether you're choosing a traditional Asian-style chicken stir-fry with choy sum, or a hearty Scotch broth, you'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the privacy and comfort of your own room. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

breakfast

- A full continental breakfast including cereals, fruits and porridge

lunch

- Grilled chicken salad with herb croutons
- Spare ribs with black bean sauce

dinner

- Hearty Scotch broth
- Gingko and pork belly soup
- Chicken stir-fry with choy sum
- Cinnamon pears with custard
- Fresh fruit salad with coulis and yoghurt



From woodwork and walking groups to barbecues and bus trips, there's always something to keep you busy.



'Me' time? Our on-site hair salon will keep you looking your best.



body

mind



*"With our own lovely salon, I always walk out with a smile on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something

for all residents, including those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.

Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side. Join in on group activities such as exercise classes, mah-jong, movie nights, music sessions and more. We maintain a close connection to the community with cultural celebration days, outings and visiting speakers.



“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”

*- Calvary
Diversional Therapist*



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Springvale, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



**you
matter
to us**

Compassion is at the heart of all we do.

**Our goal?
To deliver excellent care, every day.**

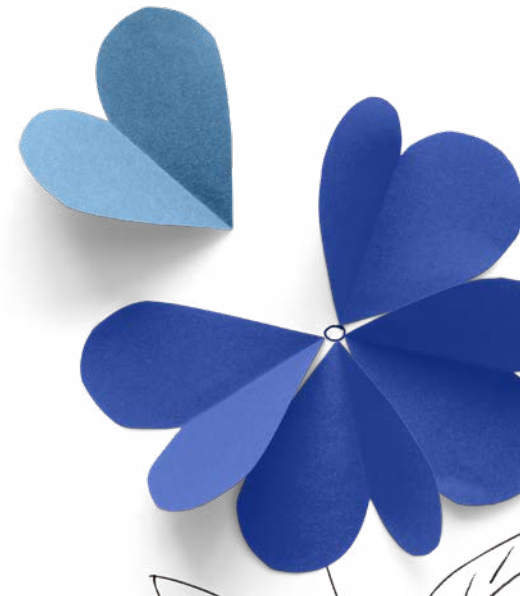
We are proud that the majority of the staff who work at Calvary Springvale are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”





love where you live

Staying in or going out? Here, you will enjoy the best of both.

Springvale is a thriving, multi-cultural hub, creating a lively and colourful community for everyone to enjoy. Out and about, the Springvale Shopping Centre is within walking distance, the library is just across the road and public transport is close by.

At home, residents enjoy the privacy of a single or double room complete with ensuite and 24-hour care. We reflect and celebrate different cultures by providing a range of tastes and activities, regularly welcoming guests and keeping strong ties with the community.



- A** Springvale Shopping Centre
- B** Sandown Racecourse
- C** Springvale Library
- D** Sandown Park Train Station
- E** Burden Park
- ↓** South Eastern Private Hospital 10 minute drive

Amenities and care.

- Private rooms with ensuites
- Gardens and courtyards
- Shared dining room
- Lounges and activity rooms
- On-site salon
- Rehabilitation Care
- Residential Aged Care
- Permanent Care

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



personal

Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



support

Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.



A pair of hands is shown from the top, cupping a light-colored, heart-shaped card. The card has the text 'Always handling with care and patience.' written on it in a dark, serif font. The background is a light blue gradient with decorative white dotted patterns and a white scalloped border on the left side.

*Always handling
with care
and patience.*



Springvale

340-344 Springvale Road,
Springvale Vic 3171

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: calvarycare.org.au