



Trugo Place

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



**A luxe new residence awaits
in the tranquil surrounds
of Newport in Melbourne's
inner west.**

Courtyards and gardens provide outdoor spaces to relax in. Rooms are spacious and modern, and in shared areas you'll find activities and company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Trugo Place.



welcome



Delivering highest standards of design, comfort and care, Calvary Trugo Place is truly modern living you'll love to call home.

With cafe, courtyards, lounges, balconies and a bar, there are so many places to socialise.



You'll feel comfortable and well cared for in a spacious private suite decorated with modern finishes, a soothing colour palette and every detail taken care of.

lifestyle



Tastes to tempt you



Cafe open daily



Relax and enjoy



Delicious food at your service.



Enjoy a taste-filled menu prepared by our on-site chef.

Start your day with fresh fruit or a cooked breakfast and find new tastes and old favourites in the delicious lunch and dinner options. You'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day you'll find sweet treats and savouries, hot drinks and refreshments in our own cafe.

breakfast

- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Roast rack of lamb with rosemary salt
- Apple crumble with cream

dinner

- Creamy mushroom soup with parmesan croutons
- Pork chop with herbed mash
- Caramel mousse



From arts and crafts and walking groups to barbecues and bus trips, there's always something to keep you busy.



Look and feel your best with our on-site hair and manicure salon.



*"With our own lovely salon, I always walk out with a smile on my face."
- Calvary Resident*

body mind

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

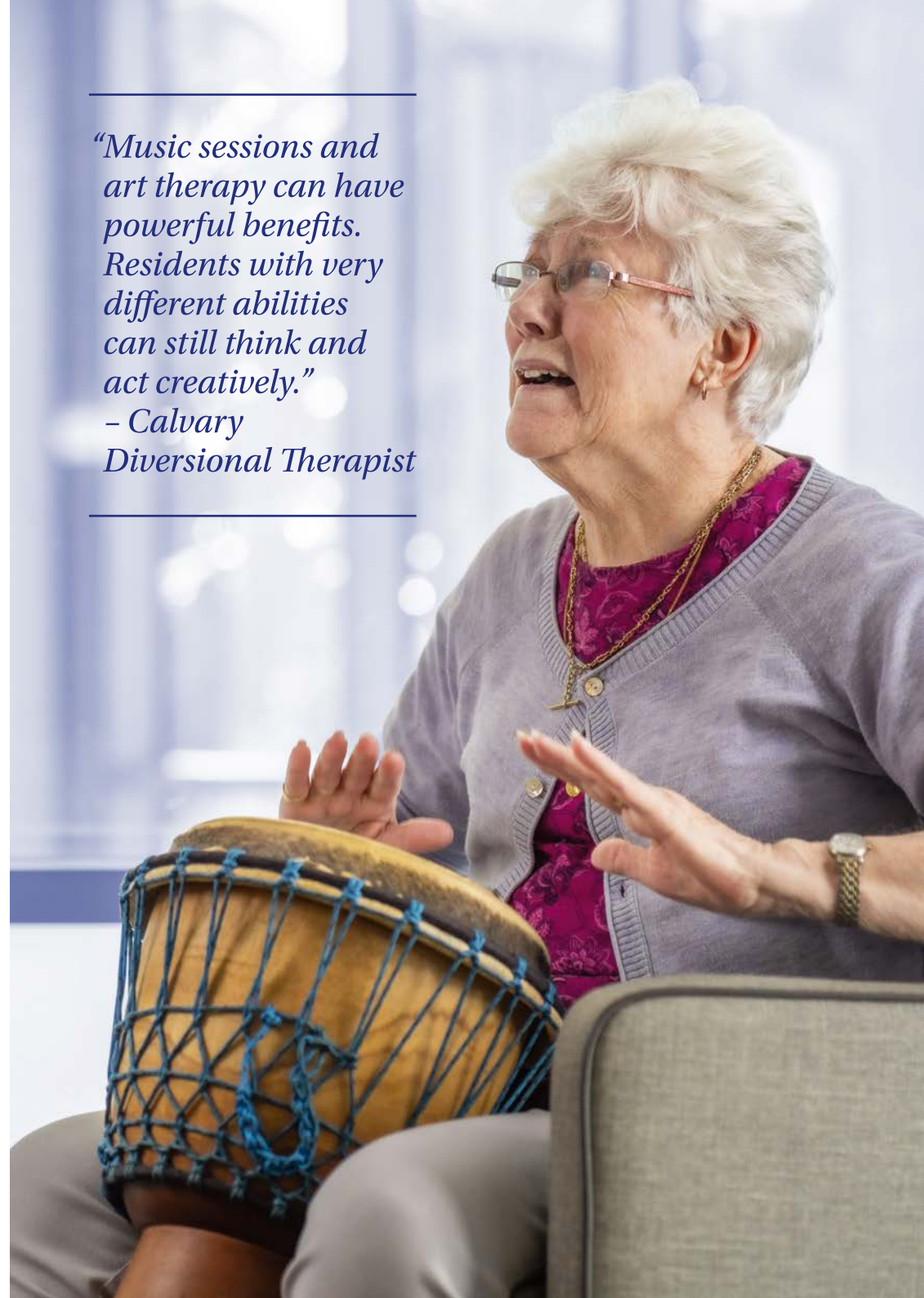
With our full schedule of leisure activities, you're sure to find something to match your interests and make your day.

Enjoy entertainment such as new movies and old classics in our cinema room, visiting performers, musical sessions, singalongs and quiz nights.

Indulge your creative side with a hobby or craft. Get muscles and minds moving with dance, exercise classes, neighbourhood walks, table games, puzzles and more. Church services and bible studies are available for those who wish to stay connected with their faith, and there's a well-stocked library for those who like to curl up with a good book.



“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”
- Calvary
Diversional Therapist



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Trugo Place we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



you
matter
to us

Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Trugo Place are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care – which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



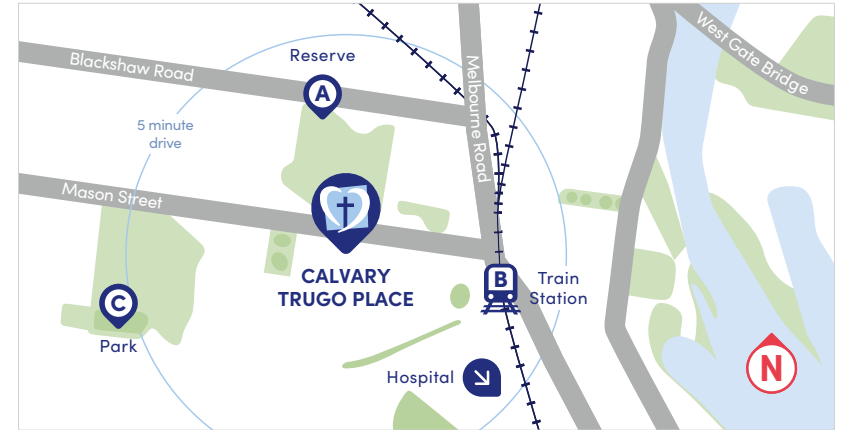


love where
you live

Staying in or going out? Here, you will enjoy the best of both.

Calvary Trugo Place sits in an enviable location overlooking the tranquil parklands of Newport Lakes Reserve, and just a short drive from beautiful beaches. Newport's shops, amenities and thriving arts precinct are close by, and it's just 15 minutes by train into the city centre.

At home, you'll enjoy friendly shared spaces, the comfort of your own spacious suite, and the reassurance of 24-hour care. There's a fully equipped gym for those who love fitness, and when it's time to socialise there will always be plenty of company in the lounge bar.



- A** Newport Lakes Reserve
- B** Newport Train Station
- C** Paisley Park
- ↓** Williamstown Hospital 7 minute drive

Amenities and care.

- Single rooms with ensuites
- Lounge and dining areas
- Gardens, courtyards and communal balconies
- On-site salon
- Activities room
- Dining room
- Short-term Respite
- Residential Aged Care

Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

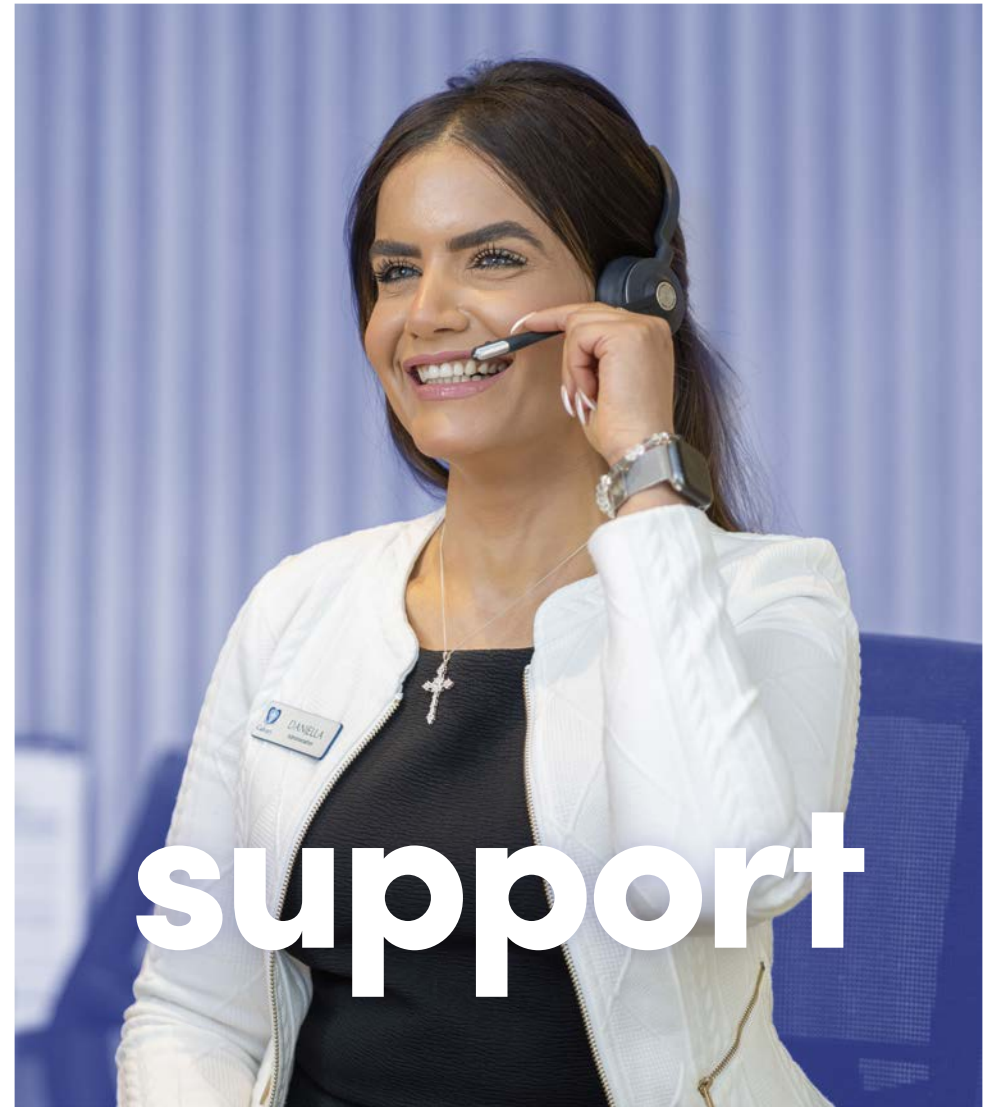


comfort



personal

Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



support

Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.





*Always handling
with care
and patience.*



Trugo Place

120 Mason Street,
Newport Vic 3015

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: calvarycare.org.au

Calvary thanks all those who appear in our images. Images from other homes may be shown.