


Calvary Hospitality Healing Stewardship Respect

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Calvary Maternity Caesarean Section Workshop
2.1 Caesarean Workshop

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Elective Caesarean Workshop

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Elective Caesareans

What happens beforehand

- Operation discussed with Obstetrician, consent signed
- Preadmission phone call from midwife a few days prior and discuss Vitamin K and Hep B for baby
- Bloods 24 hours prior
- Call the day before to confirm theatre time
- Fasting 6 hours prior
- Arrive 2 hours prior
- Skin prep – shave/wax




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Caesarean Section

What happens on arrival

- See Ward Clerk
- Admitted to Hospital
- Check on mum and baby
- Gown/TEDs
- Scrubs for support person



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Caesarean Section

Going to Theatre

- Holding Bay
- Spinal/General
- IDC inserted
- Support Person comes in
- Operation begins
- Baby born
- Checked by Paediatrician at resuscitate
 - Cord Clamped and re-cut with support partner
 - Weight/head circumference and length
 - Two ID Bands on baby
 - Vitamin K and Hep B
- Skin to Skin with mum


Recovery

- Mum will be monitored for blood loss and her observations monitored
- Skin to skin/feeding for baby

Back to the Ward

- 2-3 hours after Caesarean
- Frequent BP and Blood Loss Checks
- Managing Pain
- Rest

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Caesarean Section

The First 24 hours

- Dressing and Sutures
- Nasal Prongs
- IVC and Fluids
- IDC
- SATs Probe
- TEDs
- Calf Compressors (SCDs)
- Pain Relief
- Clexane
- First Shower (Next Day)
 - Tubigrip for support

Assistance with Baby

- Breastfeeding – often unable to obtain ideal breastfeeding positioning
- Support Partner to help with cares of baby
- First Meconium bowel motion
- Refer to our Postnatal and Baby Care Videos and our Postnatal Booklet for further information

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