

*Always handling
with care
and patience.*



Tanilba Shores

71-74 Tanilba Avenue,
Tanilba Bay NSW 2319

Enquire today with Calvary Assist: **1800 52 72 72**

To view our other locations, visit: calvarycare.org.au

Calvary thanks all those who appear in our images. Images from other homes may be shown.



Tanilba Shores

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Easy, breezy coastal living, tucked away in Tanilba Bay.

Here, you'll enjoy care and comfort in a friendly community close to water.

Courtyards and gardens provide restful outlooks and outdoor spaces. Rooms are spacious and well-appointed. Welcoming communal areas host leisure activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter by joining us at Calvary Tanilba Shores.



welcome



Located beside the picturesque Tanilba Bay, days here are peaceful and relaxed—as busy or as restful as you choose.

Take a quiet moment or enjoy a chat in a lovely outdoor spot or inviting day room.



Your room here is light-filled and private—with a view of the bay or outlook onto the greenery that surrounds us.

lifestyle



The perfect
Sunday roast



Communal dining room



Fresh tastes



Delicious food at your service.

Enjoy a taste-filled
menu prepared by
our on-site chef.

Get your day off to a great start with a tempting and tasty breakfast, and find new flavours and old favourites in the delicious lunch and dinner options. You'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. When it's time for a cuppa, you'll find hot drink facilities in the communal lounge.



breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Pasta ragout, broccoli and sweet potato
- Chocolate mousse cake with cream

dinner

- Hearty Scotch broth
- Chicken curry with rice and green beans
- Peaches with ice cream



From art and craft
and cooking classes
to barbecues and
bus trips, there's
always something
to keep you busy.



Look good and feel
fabulous after a visit
to the on-site salon.



body **mind**



*"With our own lovely
salon, I always walk
out with a smile
on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

From morning exercises to bingo nights, there's always something to look forward to at Calvary Tanilba Shores. This is a community that puts your wellbeing first—to help you stay active and social.

Our leisure and lifestyle activities include arts and crafts, cooking classes, singalongs and more.

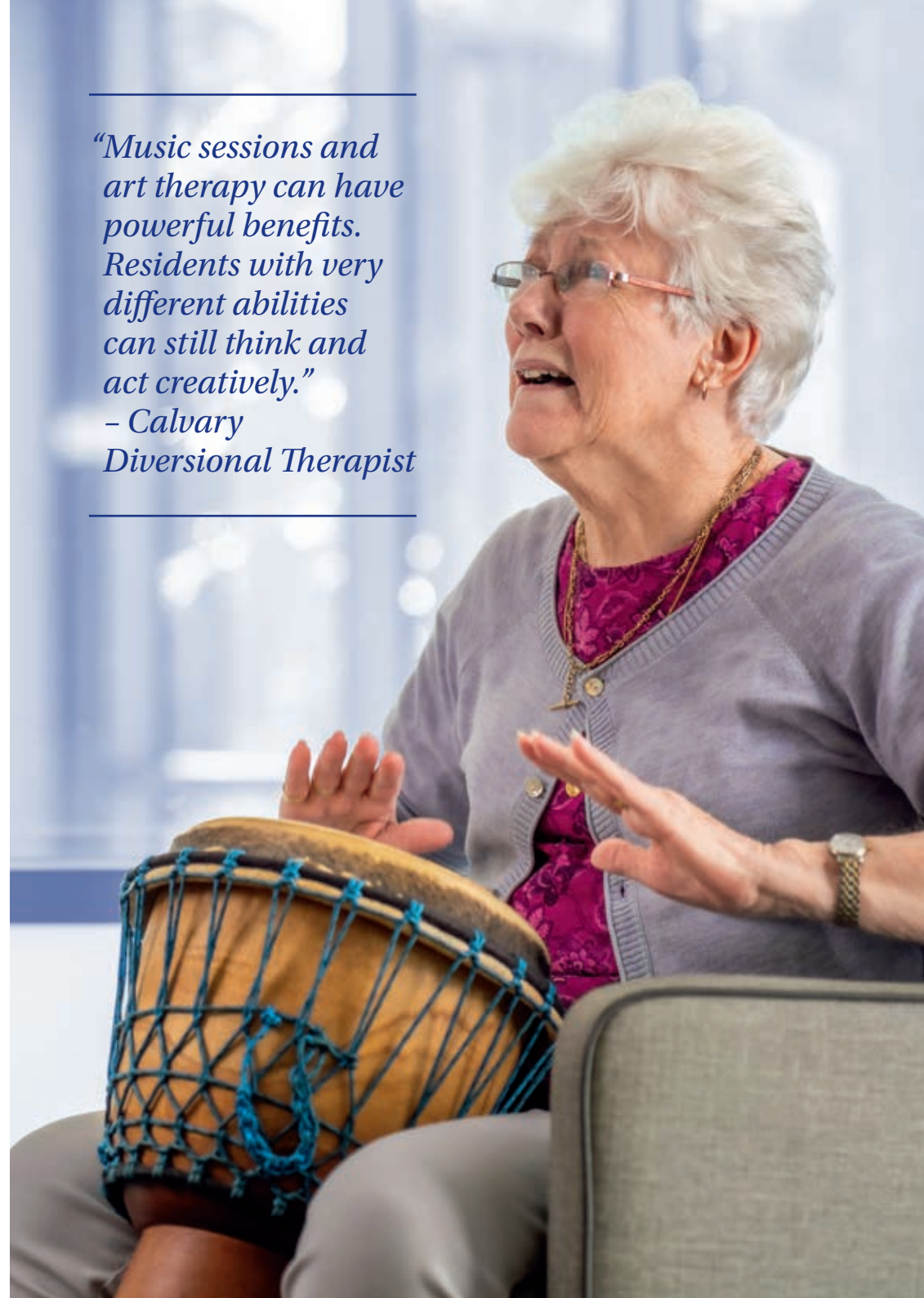
Have fun and keep your mind sharp with quizzes, cards and board games—or stay active with a movement class or a walk to the water's edge. It's a wonderful place to walk and talk!

When it's time to relax, find a quiet spot to curl up with a good book or crossword puzzle, visit the on-site salon—or settle in for a friendly chat on a seat in the sun or a favourite resting spot.



“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”

*– Calvary
Diversional Therapist*



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Tanilba Shores, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



**you
matter
to us**

Compassion is at the heart of all we do.

Our goal?

To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Tanilba Shores are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



love where you live



Staying in or going out? Here, you will enjoy the best of both.

With Tanilba Park, foreshore and playground just across the road, it's a lovely location for friends and family to visit. Local shops, amenities, eateries, RSL Club and more are all within easy reach—and we take regular trips out and about to enjoy the wider area.

At home, you'll enjoy every comfort and the assurance of 24-hour care. You'll be well accommodated in a private room with ensuite. We conduct services to help you maintain your faith, and extend a very warm welcome to your family and friends to visit at any time.



- | | |
|--------------------------------|---|
| A Sunset Park | D Tilligerry Aquatic Centre |
| B Coles Supermarket | E Koala Shores Port Stephens Holiday Park |
| C Tanilba Bay Golf Club | ↘ Tomaree Community Hospital 35 minute drive |

Amenities and care.

- Private rooms with ensuites
- Lounge and dining areas
- Gardens and courtyards
- BBQ area
- Religious services
- Short-term Respite
- Rehabilitation Care
- Residential Aged Care
- Permanent Care

Short-term Respite

This respite gives other carers a break from the physical care of a loved one, or provides care for an elderly person leaving hospital but not yet ready to return home. Usually this is a two-week minimum stay. Meals, laundry, cleaning and clinical care are provided. Residents are invited to join the leisure and lifestyle activities available.

Rehabilitation Care

Our Rehabilitation Care provides short-term support for older people following a hospital stay. The major goal of rehabilitation is to achieve functional mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator work together to tailor a comprehensive rehabilitation program to best suit individual requirements.

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage

Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.

