



Mt Carmel

Hospitals | Home Care | Virtual Care | Retirement Living | **Residential Aged Care**



Say “hello” to peaceful and picturesque living in the heart of the Hunter.

Here, you'll find care and comfort in a friendly community made up of four households, each with shared areas including kitchenette, lounge, dining room and a balcony with sweeping valley views.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Mt Carmel.



welcome



Scenic and farmland views provide the peaceful outlooks that help to make this community such a special place to live.

Take a quiet moment or enjoy a chat in one of the many shared spaces, indoors or out.



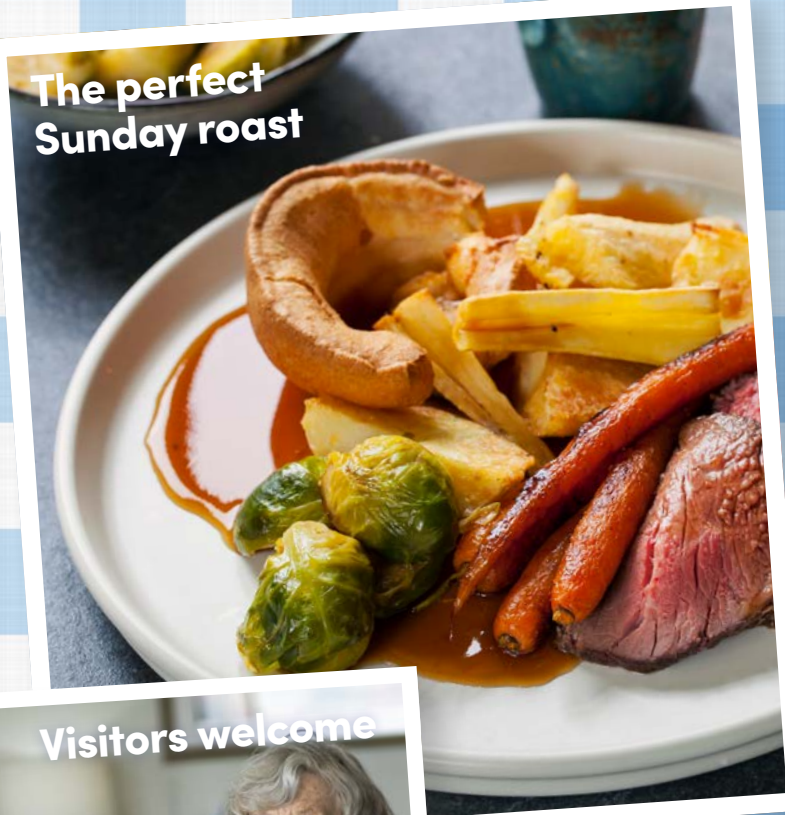
Your own space here is a private retreat, in a comfortable room with a balcony and view. You'll emerge rested and ready to make the most of every day.



lifestyle



The perfect
Sunday roast



Visitors welcome



Relax and enjoy



Delicious food at your service.

Enjoy a taste-filled
menu prepared by
our on-site chef.

Get your day off to a great start with a tempting and tasty breakfast, and find new flavours and old favourites in the delicious lunch and dinner options. You will never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in our communal dining area or in the comfort of your own room with meals delivered to your door. During the day, tea and coffee facilities are available in the communal sitting rooms.



breakfast

- Continental breakfast spread
- Cereals and porridge
- Fresh fruits with yoghurt

lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

dinner

- Hearty Scotch broth
- Roast chicken and vegetables
- Queens pudding with cream



Salon

From arts and crafts
and cooking classes
to barbecues and
bus trips, there's
always something
to keep you busy.

Look good and feel
fabulous after a visit
to the on-site salon.



body mind



*"With our own lovely
salon, I always walk
out with a smile
on my face."
- Calvary Resident*

self-care



Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

From morning exercise to bingo nights, there's always something to look forward to at Mt Carmel—which will also benefit your happiness and wellbeing.

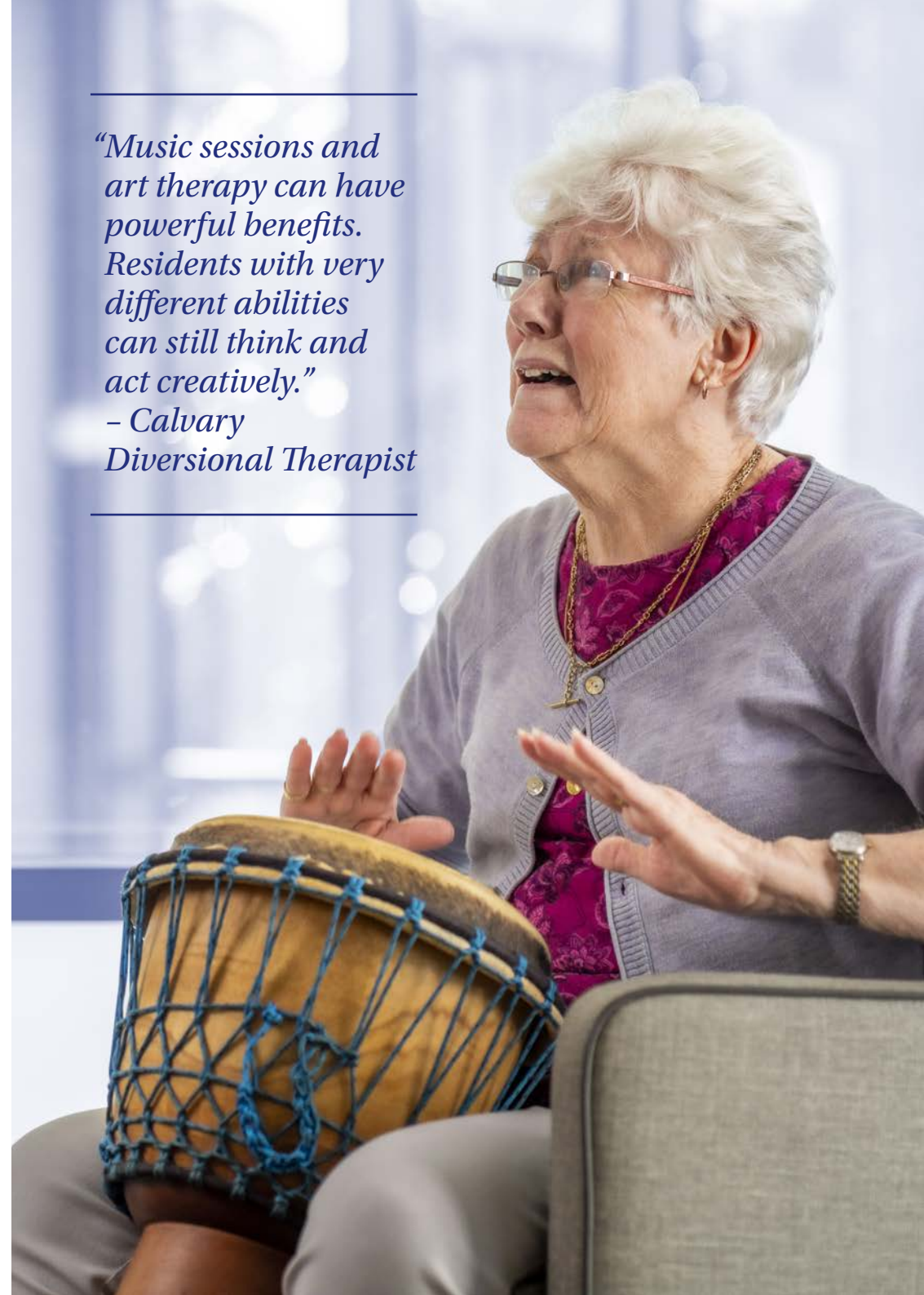
Our leisure and lifestyle activities schedule includes musical performances, bingo, singalongs, arts and crafts, cooking classes, pet therapy, shuffleboard and so much more.



Have fun and keep your mind sharp with quizzes, cards and board games—or stay active with a group exercise class or a gentle garden walk.

We plan regular excursions to visit the many attractions and sights of this beautiful area. And when it's time to relax, you'll find plenty of places to curl up with your current book or a crossword puzzle, or enjoy a cup of tea and a catch up chat with a visitor or a friendly fellow resident.

“Music sessions and art therapy can have powerful benefits. Residents with very different abilities can still think and act creatively.”
– Calvary
Diversional Therapist



keeping you safe



Providing a lifetime of care is our life's work.

At Calvary Mt Carmel, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19 Outbreak Strategy and are committed to keeping our residents and staff safe. Each of our residents has access to a 24-hour emergency call system, so you can rest assured that someone is always on hand should you need support in your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



**you
matter
to us**

Compassion is at the heart of all we do.

Our goal?

To deliver excellent care, every day.

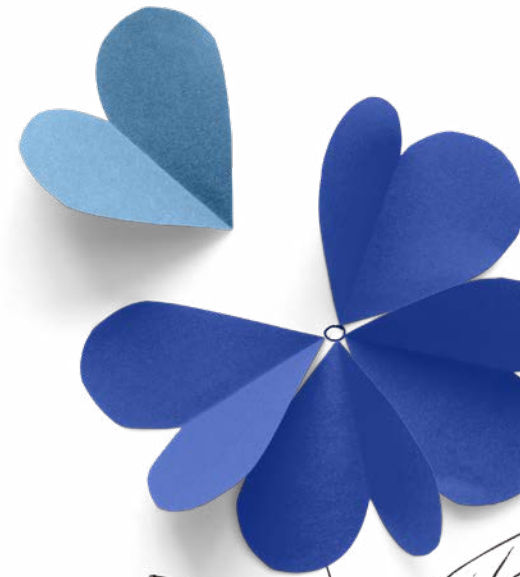
We are proud that the majority of the staff who work at Calvary Mt Carmel are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators:

“Trying to make a difference in our residents’ lives is my biggest motivation. It’s a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands.”



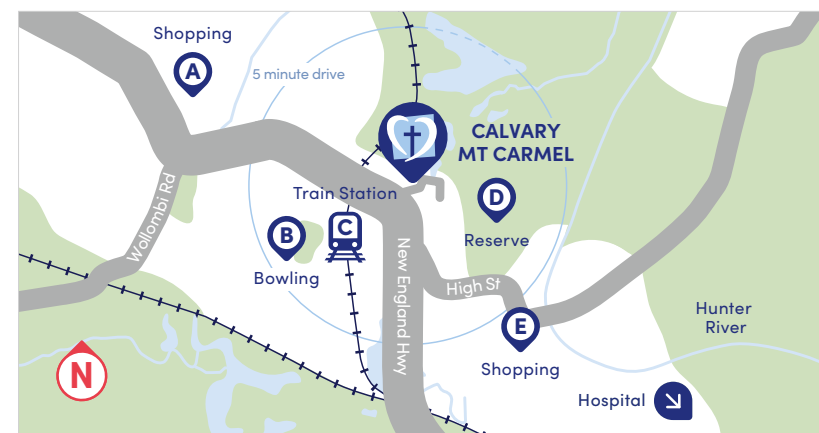
love where you live

Staying in or going out?

Here, you will enjoy the best of both.

At Calvary Mt Carmel you'll enjoy a perfect blend of greenery and convenience. The shops, cafes and amenities of central Maitland are within easy reach. Lawn bowls and the banks of the Hunter River are popular destinations. Buses are nearby, and we plan regular outings around the district.

At home, you'll enjoy every comfort and the assurance of 24-hour care. You'll be well accommodated in a private room with ensuite. All but one of our rooms also include a balcony. Community is at the heart of life here, with residents regularly spending time together in shared spaces.



A Rutherford Shopping Centre

B Telarah Bowling Club

C Telarah Train Station

D Johnson Reserve

E Maitland Riverside Plaza

↘ Maitland Hospital
15 minute drive

Amenities and care.

- 41 single rooms, each with an ensuite bathroom
- Lounges and dining areas
- Communal balconies
- Two communal outdoor courtyards with gardens and barbecue access
- On-site salon and chapel
- Memory Support Unit
- Residential Aged Care
- Permanent Care

Residential Aged Care

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.



comfort



Not sure where to start?
Calvary Assist will help you to navigate
to the right care for your needs.



Enquire today and speak with our friendly staff
at Calvary Assist: **1800 52 72 72**

Monday to Friday, 9am–5pm



our
heritage


Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters
on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.



A photograph of two hands, one adult and one child, gently holding a light-colored heart-shaped card. The card has the text "Always handling with care and patience." written on it. The background is a light blue gradient with decorative white dotted patterns and a row of blue circles at the top right.

*Always handling
with care
and patience.*



Mt Carmel

9 Dwyer Street,
Maitland NSW 2320

Enquire today with Calvary Assist: **1800 52 72 72**
To view our other locations, visit: **calvarycare.org.au**

Calvary thanks all those who appear in our images. Images from other homes may be shown.