



Support for Carers - Palliative

Calvary Health Care Bethlehem - Kooyong Precinct
p: 03 9834 9320 | e: Bet-Psychsocial@calvarycare.org.au

Caring for someone with an advanced or terminal illness can be both rewarding and challenging. We believe providing support to unpaid carers can make a big difference to their lives and people they care for.

The **Support for Carers** program is a collaboration between Calvary Health Care Bethlehem and five other palliative care organisations which form the Southern Metropolitan Palliative Care consortium. Victorian Palliative Care consortia support carers looking after individuals with palliative conditions across the state.

This is a free service.

A range of online, in-person, and financial supports are available.

Eligibility

- You need to be a Carer of a person with a palliative condition, including advanced age
- You need to reside in Victoria
- As a Carer your needs are not being met by other health, community or aged care services.

Carers of all ages can access our program. Young Carers (under 25) may also benefit from support through:

Young Carer Support Network

<https://youngcarersnetwork.com.au/> or

Little Dreamers <https://www.littledreamers.org.au/>



Referrals

- an online referral form for **in-home respite**: [access form here](#) or scan the QR code below



- via email using the *Support for Carers* referral form Bet-Psychsocial@calvarycare.org.au or call us on (03) 9834 9320 (Monday – Friday 9am – 5pm)
- for information on referrals to **Quick Access Financial Support** please email: Bet-Psychsocial@calvarycare.org.au

OUR SERVICES

Quick access financial hardship and wellbeing payments	Financial hardships payments for bills, medication, transport, and/or well-being activities such as massage, contribution to a gym membership, etc.,
Short term in-home respite and domestic assistance	Support workers or personal care workers provide temporary help with tasks like meal preparation, cleaning, personal care, social support, outings, and shopping, tailored to the needs of the carer and care recipient.
Caring 'til the end - Online Workshops	A two-session workshop exploring practical and emotional aspects of caring for someone at the end of life.
Online Bereavement Support Groups	Seven weeks' online group; three intakes each year.

Our Partners

Victorian Palliative Care Consortia Gippsland, Grampians, Hume, Loddon Mallee Palliative, North & West Metropolitan Region and Southern Metropolitan Region Palliative Care Consortium:

<https://www.health.vic.gov.au/patient-care/palliative-care-consortia>

Information about the Support for Carers Program

For more information visit <https://www.vic.gov.au/support-carers-program>

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