

# Residential Aged Care



**Calvary**

St Judes

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY ST JUDES

---

Life at St Judes is one of harmony, with recently refurbished rooms inside and picturesque views of the surrounding countryside outside. From our spacious bedrooms to our peaceful water fountains, you'll love the extra touches that make this one of Calvary's finest offerings.

With a range of modern single and shared rooms, and an engaging lifestyle program featuring activities, entertainment and excursions, St Judes proudly raises the standard of aged care living in the area.

Whether spending time in the light-filled lounges with new friends, or heading into town with visiting family, we want you to experience the very best quality of life in every way.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



# LIFESTYLE

---



## Community, Entertainment & Education

From bus trips and bingo to looking after our pet chickens and rabbits, there's always something happening at St Judes. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

---

Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

---

With gardens and courtyards, there are outdoor spaces and fresh air to enjoy at any time.

---

Keep your mind sharp at our brain gym, with games, puzzles, crosswords and a range of other activities.

---

With local community visits, you'll stay connected to everything you already love about the neighbourhood.

---

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art and craft.

---

Enjoy the convenience of a haircut without leaving home.

---



# CARE



## Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, including a specialised area with highly experienced staff for those living with dementia.

Registered nurses onsite 24 hours a day,  
7 days a week

Respite and permanent care available

Caring, committed and compassionate staff

Specialised area for those living with dementia

Aromatherapy, speech therapy, physiotherapy and podiatry

Individualised support and therapy plans

Visits from your own doctor or specialist

Specialised psycho-geriatric services

Sensory program

Palliative care



### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

### LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

### DINNER

Hearty scotch broth



Roast chicken and vegetables



Queens pudding with cream

**STAY**

---





Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live. Our shared rooms are perfect for couples who would like to live together while receiving the benefits of 24-hour care.

## Cosy, Comfortable & Modern

---

Single and shared rooms with private ensembles

---

Relaxing day rooms, lounges and dining areas

---

Beautiful gardens and courtyards

---

Cinema

---

Café

---

Library

---



# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at St Judes is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

---

Home Manager with a nursing background

---

Qualified care staff, guided by our 135 year history in care

---

Stringent recruitment process

---

Continuous training and education

---

# LOCATION

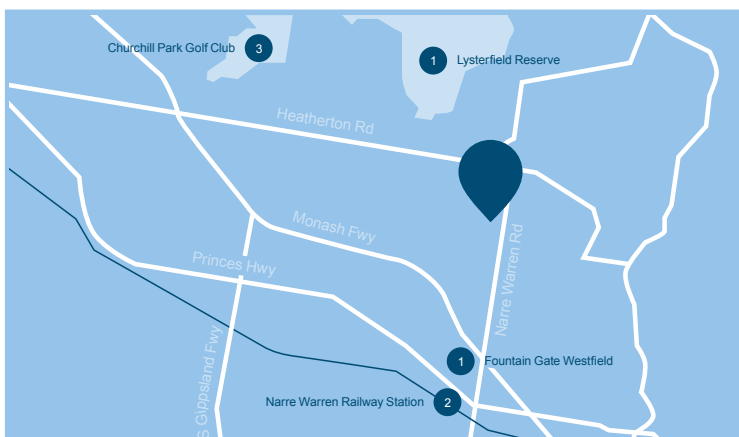


## Picturesque, Friendly & Accessible

St Judes is close to everything you love about Narre Warren.

We are only minutes away from the local shops of Narre Warren North as well as all the shopping, food and entertainment of Fountain Gate shopping centre. We are also surrounded by plenty of local parks and wide open green spaces, with the walking trails of Lysterfield Park not far away.

Our residents enjoy heading out with friends and family to enjoy a movie or a special meal, as well as relaxing enjoying the serene views over neighbouring farmland. We also welcome visitors at any time for a cup of coffee in our café. At Calvary, we maintain close links with the surrounding community, with regular visits from guests and local groups.



### Dandenong Hospital

11.2 km, 12 min drive



### Kalora Park

1.5 km, 2 min drive



### Public Beach

4.8 km, 8 min walk



# LIVING + JOURNEY

## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary St Judes, you can enjoy the following aged care services:

### Short-term Respite

---

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

---

### Residential Aged Care

---

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

---

### Rehabilitation Care

---

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

---



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

---

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

---

Calvary St Judes  
381-403 Narre Warren North Road  
Narre Warren North VIC 3804  
Call 03 9796 9166