

CHAMPAGNE & WINES

Champagne	125ml glass / bottle	
Moët & Chandon Brut Impérial NV	£21	£115
White		
Bodega Vetus, Flor de Vetus, 2022	£12	£60
Rueda, Spain "Verdejo"		
Cloudy Bay, Sauvignon Blanc, 2022	£15	£82
Marlborough, New Zealand "Sauvignon Blanc"		
Rosé		
Château d'Esclans, Whispering Angel 2022	£14	£74
Provence, France "Cinsault, Rolle Blend"		
Red		
Terrazes de los Andes, Malbec, 2021	£13	£60
Esprit de Pavie 2017	£16	£80
Bordeaux, France, "Cabernet Sauvignon Blend"		
Sparkling Alcohol Free		
Noughty, Thompson & Scott	£11	
Organic alcohol free wine		

OETKER COLLECTION
Masterpiece Hotels

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THE LANESBOROUGH
Club & Spa
LONDON

SPA RESTAURANT DAY MENU

Service times: 8am – 6pm

JUICES & SMOOTHIES

Green Booster 131kcal £7.50
Spinach, kale green apple,
lime, cucumber & mint

Pink Royal 190kcal £7.50
Banana, raspberry, cherry,
rice milk & honey

Immunity 202kcal £7.50
Apple juice, banana, kiwi,
strawberry & honey

Early Riser Morning Workout ... £7.50
Beetroot, orange, lemon & carrot 171kcal

HEALTHY SHOTS

Turmeric 40kcal £5
Anti-inflammatory, relieves pain,
aids digestion, improves liver function

Ginger 47kcal £5
Regulates sugar levels, cold
and flu relief, pain reduction

Turmeric & Ginger 43kcal £7

PROTEIN SHAKES 🌱

All at £7.50

The Daily Superfood Shake*

Vanilla – almond milk, banana, cashew butter 319kcal
Mixed berry – coconut water, mixed berries 246kcal
Chocolate – coconut milk, avocado, dates 280kcal

Add on for £2

Nuts 158kcal Avocado 120kcal Frozen berries 42kcal
Dates 100kcal Oat 97kcal Banana 61kcal

*Full of essential amino acids, vitamins, minerals, antioxidants and alkalising
properties that serve as a platform for daily well-being and vitality.
Containing a blend of super-fit greens of spirulina, alfalfa and maca.

Allergen abbreviations

Peanuts | Nuts | Crustaceans | Molluscs | Fish | Egg | Dairy
Gluten | Soya | Sesame seeds | Celery | Mustard | Lupin | Sulphur Dioxide

🌿 Vegetarian 🌱 Vegan

Should you have any dietary or allergen requirements, please do inform our team.
All prices are inclusive of VAT. A discretionary service charge of 15% will be added to your bill.

BREAKFAST – ALL DAY DINING

Lifestyle poached eggs 🌿 359kcal £15

Ginger, kale, crushed cherry tomatoes, gluten free toast, poached eggs E

~ extra egg 70kcal (each) £2

Coconut chia pudding 🌱 328kcal £10

Fresh mango & lime

Rolled porridge oats 🌿 595kcal £9

Caramelized banana, sultanas, Brazil nuts N SD

~ with protein powder 121kcal £12

Choice of Clarence Court free range eggs 🌿 324kcal £16

Scrambled, poached or boiled E G

Omelette with your choice of fillings 352kcal £16

Tomato, onion, pepper, mushroom, spinach and chilli E F

~ add ham or smoked salmon from 80kcal supplement £8

Avocado on gluten free toast 🌿 577kcal £17

Served with poached eggs or Halloumi cheese E D

American style pancake 🌿 335kcal £16

Maple syrup E N

~ with protein powder 121kcal £19

🌿 Vegetarian 🌱 Vegan

STARTERS & SALADS

Bread & olives 🌱 544kcal £7

G D

Mezze platter 🌿 787kcal / 1460kcal £15 / £30

Grilled halloumi, tzatziki, falafel, hummus, crudités,

pickles, baba ganoush Se D G SD

Sashimi salmon poké bowl 1,014kcal £18

Salmon, avocado, buckwheat, edamame, sesame seeds F Se So

Sautéed king prawn & papaya salad 364kcal / 546kcal starter £18 / main £25

Mango, papaya, red pepper, lime, granny smith apple Cr

Tuna Niçoise salad 296kcal / 444kcal starter £15 / main £22

Albacore tuna, green beans, anchovies, Ratte potatoes,

olives, soft boiled egg E F

Einkorn wheat paleo salad 🌱 469kcal starter £16 / main £23

Einkorn wheat berry, smoked tomatoes,

vegan feta cheese and olives Mu G SD

Sea bass ceviche 349kcal £18

Toasted pecan nuts, citrus fruits, fennel F N

Chicken Caesar Salad 679kcal £32

Chicken, anchovies, parmesan, sourdough croutons G E F D Mu SD

🌿 Vegetarian 🌱 Vegan

MAIN COURSES

Grass fed ribeye steak 250g 1,019kcal £42

Organic green leaf salad Mu SD

~ with Béarnaise sauce E D SD supplement £2

~ with Peppercorn sauce D SD supplement £2

~ with Chimichurri sauce SD supplement £2

Corn fed chicken breast 523kcal £30

Tenderstem broccoli, smoked almond, lemon N SD

Grilled chicken wrap 946kcal £25

Chicken breast, peppers, onion, mint, coriander, lemon dressing G E

Marinated grilled tofu 🌱 452kcal £25

Buckwheat soba noodles, dashi broth G So Se

Tomato and mozzarella panini 🌱 746kcal £18

Buffalo mozzarella, basil pesto, toasted ciabatta G D N

Asian vegetable salad 886kcal

Asian greens, broccoli, cashew nut, chilli, wasabi and sesame seed dressing Se F So N

~ with lemongrass chicken £22

~ with tiger prawns Cr £24

~ with prawns and chicken Cr £28

Charred Scottish halibut 515kcal £30

Samphire, tomato and caper salsa F SD

Gluten free pasta 🌱 364kcal £27

Garlic, spring onion, red chilli and basil L

Sides

All at £8 each

Brown rice 288kcal

Black rice 207kcal

Halloumi 510kcal D

Steamed vegetables 127kcal

Sweet potato wedges 143kcal

Sauces

All at £2 each

Antiboise sauce 66kcal

Chimichurri sauce 101kcal

Curry dressing 61kcal

Spicy mint sauce 33kcal

🌿 Vegetarian 🌱 Vegan

SWEETS

Carrot cake 🌿 455kcal £10

Chantilly cream, spiced sugar N D

Coconut chia pudding 🌱 328kcal £10

Fresh mango and lime

Chocolate brownie 🌱 599kcal £10

Gluten free brownie, strawberry coulis N

American pancakes 335kcal £16

Maple syrup, blueberries E N

~ with protein powder 121kcal £19

Fresh fruit salad 🌱 407kcal £14

COFFEE & CHOCOLATE

Coffee of your choice 5kcal – 132kcal £8

Bullet Coffee 112kcal £8

Profy (protein shake with double espresso) £9

Ice Tea / Iced Coffee 20kcal / 82kcal £8

Valrhona Hot Chocolate 124kcal £8

TEA £8

The Lanesborough Club & Spa Signature Tea

Turmeric root, apples pieces, liquorice, rosehip, lemon verbena, black peppercorns, peppermint

Black

Lanesborough Breakfast: fragrant, dates, robust

Earl Grey Supreme: elegant, citrus, bergamot

Assam Dejo: bold, smooth, slightly malty, roasted

Green

Japanese Sencha Organic: vegetal, grassy,

pine nuts, traditional

Moroccan Mint: refreshing, spicy, earthy,

faintly smoky

Organic Green Matcha

Herbal Teas

Beautiful Skin: elderflower, sweet,

herbal, detoxifying

Aching Muscles: refreshing, ideal for aching

or strained muscles

Healthy Immunity: rooibos, great immunity

booster, vitamin C

Toxin Killer: wellness blend, detoxifying agents