



JUMBY BAY ISLAND
ANTIGUA - WEST INDIES



THE JUMBY BAY SPA : GARDEN OF WELLNESS

Cocooned in a garden oasis, The Jumby Bay Spa offers a soothing respite from sun and sea. Indulge in sublime treatments that balance modern wellness practices with the rich heritage and natural beauty of the West Indies.

Settle in to one of our five treatment suites or enjoy an island-inspired open-air experience, as a gentle sea breeze and the hush of the waves help restore and rejuvenate your body and spirit.

Complete your journey in the spa's steam room or sauna and then reawaken your senses with a cooling dip in the plunge pool at our outdoor relaxation terrace.



JUMBY BAY
SIGNATURE JOURNEYS

Wa'omoni (Barbuda)

Inspired by the pink sandy beaches of our sister isle, Barbuda, lined with swaying coconut trees, this indulgent ritual begins with a pink sea salt and coconut oil exfoliation to slough away dull skin, detoxify, and reveal a soft, supple glow. The journey continues with a personalized massage, tailored to your needs, leaving you deeply relaxed, refreshed, and perfectly polished .

Body Exfoliation + Massage - 150 Minutes - \$500

Wadadli (Antigua)

A journey designed to restore balance and vitality. Begin with a nourishing scalp treatment and soothing cranial massage to stimulate the senses and promote deep relaxation. As nutrient-rich oils treat the scalp, a hydrating antioxidant facial revitalizes and repairs the skin from daily stressors. Conclude with our signature Hybrid Massage, using a blend of techniques and signature oil to leave the body renewed and the spirit uplifted.

Scalp Massage + Facial + Massage - 150 Minutes - \$550

Yennecot (Long Island)

Indulge in a light body exfoliation and a deeply hydrating wrap infused with rich botanicals and yogurt crème fraîche. Continuing with a full-body massage featuring long, flowing strokes and the soothing warmth of herbal poultice compressions. Awaken gently with a singing bowl meditation, easing you back to your surroundings in harmony. To extend your spa experience, a gift of our Jumby Bay Signature Massage Oil is presented for you to enjoy at home until your next visit.

Exfoliation + Body Wrap + Massage - 150 Minutes - \$580

Jumby Bay Essential

Begin your experience with a full-body exfoliation, gently polishing the skin to reveal a smooth, radiant glow. Continuing with our Signature Massage, a deeply relaxing treatment that melts away tension and restores balance to body and mind. Complete your journey with the luxurious La Colline Facial, harnessing advanced Swiss skincare to hydrate, rejuvenate, and leave your complexion luminous.

This carefully curated sequence is designed to renew you from head to toe — restoring vitality, radiance, and deep serenity.

Body Exfoliation + Massage + La Colline Facial - 150 Minutes - \$580

Alpine Luxury Face and Body Rejuvenation

Indulge in a deeply restorative spa experience beginning with our Signature Massage, designed to release muscle tension, improve circulation, and promote total body relaxation. Using a blend of customized techniques and soothing aromatherapy, this massage restores balance and prepares the body and mind for enhanced rejuvenation.

Your treatment continues with a luxurious La Colline Facial, tailored to your skin's needs using advanced Swiss cellular skincare by choosing one of three differences kind of La Colline Facial lines – Vital Lift, Moisture Boost, or Cellular Matrix facials.

The combination of therapeutic bodywork and high-performance skincare delivers complete relaxation and visible rejuvenation from head to toe.

Signature Massage + La Colline Facial - 120 Minute - \$500

A close-up photograph of a yellow flower, likely a tulip, with several water droplets clinging to its petals. The petals are a vibrant yellow color, and the background is dark, making the flower stand out. The lighting is soft, creating a dreamlike atmosphere.

SWISS BLISS

BY LA COLLINE

NativAge Gold Facial (Anti-Aging & Regenerating)

At the heart of every NativAge formula is the revolutionary Cell Life Extender, a breakthrough in cellular eco-regeneration. This high-performance facial visibly regenerates, smooths, and firms the skin while restoring its natural luminosity. Designed to turn back time—your glow, renewed and ageless.

85 Minutes - \$350

Vital Lift Facial (Lifting & Plumping)

Inspired by the pristine vitality of the Swiss Alps, this facial uses La Colline's Advanced Vital collection to firm and recontour the skin. Lost volume is replenished, and youthful definition is restored. The result: a lifted, radiant complexion that gets better day after day.

55 Minutes - \$300

Moisture Boost Facial (Dehydrated Skin)

Echoing the natural hydration cycle of Switzerland's water-rich landscapes, this ultra-quenching treatment from the Moisture Boost++ range replenishes the skin with deep moisture. Skin is instantly soothed, plumped, and protected—revealing a soft, dewy, and youthful glow.

55 Minutes - \$300

Cellular Matrix Facial (Fine Lines & Wrinkles)

Achieve a skin texture as smooth as a tranquil alpine lake. Powered by the R3 Peptixyl Complex and Hyaluronic Acid Microspheres, this facial targets fine lines and wrinkles, filling and firming with precision. Skin feels rebuilt, redefined, and beautifully plumped.

55 Minutes - \$300

Restorative Care (Men's Facial)

A revitalizing facial designed specifically for men's skin needs. This treatment deeply cleanses, exfoliates, and nourishes the skin while helping to reduce signs of fatigue and environmental stress. Using La Colline's advanced Swiss cellular skincare, the facial restores hydration, improves skin texture, and promotes a healthy, refreshed appearance. Perfect for men seeking a soothing, energizing treatment that delivers both relaxation and visible results.

55 Minutes - \$280



FROM TATA'S GARDEN

BY TATA HARPER

Cleanse & Detox Facial

This clarifying regimen aims to refine pores and soothe the skin, resulting in a clear and toned complexion. The restorative treatment utilizes the detoxifying properties of purple clay and natural papaya enzymes to deeply cleanse the skin, repairing damaged skin cells and addressing congestion. Additionally, it provides protection against environmental and lifestyle stressors, promoting overall skin health.

55 Minutes - \$250

Soothe & Calm Facial

Calm and relaxation, restored. A restorative facial for reactive, sensitive, or damaged skin. Your state of relaxation is heightened with a soothing foot massage and a Gua Sha facial massage which complement the sleep-inducing breathing techniques that are performed. The result of this experience is radiant skin and a relaxed state of mind.

55 Minutes - \$250 / 85 Minutes - \$330



MASSAGE EXPERIENCES

Signature Massage

The Signature Massage is thoughtfully designed to melt away stress, ease muscle tension, and leave you feeling completely renewed. This full-body experience blends the therapeutic power of Deep Tissue techniques with the gentle, flowing movements of Swedish massage. Gentle stretching and an optional stomach massage are included—Should you desire. This treatment promotes deep relaxation, improves circulation, and provides special attention to the back, neck, and shoulders—common areas where tension tends to build.

55 Minutes - \$275 / 85 Minutes - \$330

Hybrid Massage

The innovative hybrid massage is your creation guided by your therapists. This customizable experience blends elements of various massage techniques, and the use of warm basalt stones or warm bamboo sticks tailored to your specific needs. Whether you seek relaxation, pain relief, or stress reduction, the choice is purely yours.

55 Minutes - \$275 / 85 Minutes - \$330

Lava Shell Massage

A Lava Shell Massage is a deeply relaxing, heated massage treatment that uses naturally self-heating, polished tiger clam shells. The therapist glides the warm shells across the body, combining gentle pressure to release muscle tension, improve circulation, and melt away stress. Warmth penetrates the muscles, easing aches and stiffness, while the smooth shell surface provides a comforting, therapeutic touch.

This treatment is ideal for relieving tight, overworked muscles, reducing stress and anxiety, encouraging deep relaxation, promoting a sense of balance and wellbeing.

55 Minutes - \$275 / 85 Minutes - \$330

Firm and Lift Body Massage (by Tata Harper)

A truly effective massage helping to dissolve aches and strains. The antioxidant rich balm is applied to the body using therapeutic movements in this stimulating and deeply energizing experience using short quick strokes.

55 Minutes - \$275 / 85 Minutes - \$330

Shiro-Abhyanga Massage

This profoundly soothing experience begins with a full body massage using Ayurvedic Oil and a combination of soothing and symmetrical long strokes to regulate the circulatory and nervous systems, thereby increasing the flow of nutrients and oxygen to restore vitality. The Shirodhara Ritual follows with a gentle stream of warm, herbal oil poured continuously on the forehead, which helps to connect, energize, and stimulate the various channels that sustain life's balance and synergy to the body. Recommended for sinus congestion, insomnia, and for clarity of mind.

55 Minutes - \$275 / 85 Minutes - \$330

Therapeutic Massage

Let your therapist focus on addressing specific health concerns, physical conditions, or injuries—rather than simply promoting relaxation or general wellness.

This specialized massage is ideal for individuals experiencing conditions such as back and neck pain, sciatica, frozen shoulder, sports injuries, muscle overuse or strains and spasms, pinched nerves, repetitive strain injuries (like carpal tunnel), postural problems, recovery after a stroke or surgery.

Please be aware that during the treatment, guests may experience brief moments of intense discomfort due to the deep therapeutic techniques involved. This is a normal and expected part of the healing process, often followed by noticeable relief and improvement in the affected areas.

This treatment is performed exclusively by our highly trained and experienced therapists. Advance reservation is required at least 24 hours prior to your preferred time.

30 Minutes - \$200

Rekindle the Flame Couple's Massage

A unique couple's massage experience that ignites the spark of intimacy and connection. Once you have selected your candle, words of gratitude and love are spoken to your significant other as the candle is being lit. The service begins with a light scalp massage, then warm oil from your candle is poured over the body and massaged, using soothing techniques to melt away tension and revitalize your bond. Perfect for reigniting the flame and fostering deeper connection.

85 Minutes - \$630

Mom-To-Be*

The joy of motherhood requires you to be pampered and relaxed to prepare you to meet your special little one. This soothing massage is beneficial as the release of happy hormones positively impacts the baby in the womb. You are gently positioned on a pillow while laying on your side for maximum comfort.

*Mom-to-be massages are for expectant mothers and can only be offered in the second and third trimester.

55 Minutes - \$275

Herbal Poultice

A centuries-old massage utilizing the highest quality herbs and spices in our hand-crafted muslin poultices. This experience will restore harmony, loosen tight muscles, and stimulate blood flow. The light aroma of the poultice will calm the senses and the warmth of the steamed poultice helps promote deep relaxation, reduces stress and fatigue, and improves overall wellbeing. A beneficial massage to improve circulation of blood and lymph-flow and the stimulation of the internal organs.

55 Minutes - \$275 | 85 Minutes - \$330

Foot Reflexology

A therapeutic massage technique that involves applying specific pressure to various points on the feet. Using acupressure methods, our trained therapists work along meridian lines and reflex zones that correspond to different organs and systems in the body.

This holistic treatment promotes the body's natural healing processes by stimulating nerve pathways and enhancing energy flow. Reflexology can offer a wide range of benefits, including improved blood circulation, reduction in stress and anxiety, pain relief and management, enhanced digestion, better quality sleep, lowered blood pressure, support in relieving symptoms of various health conditions.

By focusing on these reflex points, reflexology encourages balance and wellness throughout the entire body.

45 Minutes - \$200

A close-up, macro photograph of a pink flower, likely a gerbera, with numerous water droplets clinging to its petals. The petals are a vibrant pink color, and the droplets catch the light, creating a glistening effect. The background is dark, making the pink petals stand out. The overall composition is soft and delicate.

COCOON
BODY THERAPY

Soothe & Calm Body Treatment | Exfoliation and Massage

The treatment begins with a full body dry-brushing to loosen dead skin and is then enhanced with a soothing and hydrating serum application for brighter, more even-looking skin. Finally drift off with a thermal Gua Sha stone body massage to ease tension and promote lymphatic drainage.

85 Minutes - \$330

Island Indulgence | Exfoliation, Wrap and Light Massage

Drift away on a tropical escape as your body is luxuriously renewed from head to toe. This blissful island-inspired ritual begins with Pevonia's Papaya Pineapple Saltmousse Sea Salt Scrub, blending sun-kissed fruit enzymes and mineral-rich sea salts to smooth, brighten, and awaken your skin. Next, a warm Crème Fraîche Body Wrap lavishes the skin in rich hydration, infusing it with essential vitamins and velvety softness. The journey concludes with a Moisturizing Massage using Papaya Pineapple Body Balm, which contains encapsulated retinol to deliver noticeable skin changes, enhanced skin health, and restored suppleness, leaving a lasting glow.

Emerge refreshed, radiant, and enveloped in the luscious aroma of paradise.

55 Minutes - \$250

Longan Renewal | Exfoliation, Wrap and Light Massage

Revel in the art of renewal with this sustainable full-body ritual designed for glowing, supple skin. Begin with dry brushing to energize and refine, followed by a Longan Fruit-infused wrap that replenishes minerals and firms the skin without a single drop of water wasted. Finish with a silkening dry oil application, locking in lasting hydration and leaving a radiant, touchably soft glow. Where conscious care meets pure indulgence.

55 Minutes - \$250

Water Lily Body Wrap After Sun Treatment | Wrap

Soothe and restore sun-exposed skin with this cooling, water-free body ritual designed to replenish, repair, and rehydrate. This luxurious treatment combines skin-rebuilding amino acids with the calming essence of Water Lily Extract, renowned for its ability to reduce inflammation and deeply moisturize the skin. The no-rinse formula absorbs effortlessly, cocooning the body in healing hydration while leaving the skin silky, radiant, and comforted.

Perfect after days in the sun — your skin is renewed, your senses restored, and your body refreshed in pure resort tranquility.

30 Minutes - \$200



INTENSIVE EXPERIENCES

Fire and Ice | Cryo-Toning and Thermal Shock Therapy

Target stubborn fat cells with our Fire and Ice body contouring service. This experience causes localized warming and deep cold accompanied by a light massage to stimulate lymphatic drainage. Apoptosis or cell death, a naturally occurring sequence, is sped up via this service. The treated fat cells will be eliminated from the body with the help of the lymphatic system for the 15 days following the treatment.

There may be a noticeable immediate difference in inch reduction caused by lymph and blood decentralization, and tension in the treated area. Optimal and long-lasting results can be achieved from at least 4-6 sessions and incorporating this service with your fitness regimen.

90 Minutes - \$350

Fire and Ice Wellness Package 3 Session and 3 Personal Training Sessions - \$1,500

Fire and Ice Wellness Package 4-6 Session and 5 Personal Training Sessions - \$2,750

Hydro Facial and Facial Toning | Hydro Exfoliation &/or Ultrasound

Heighten your facial experience with the incorporation of hydro exfoliation and deep product penetration using ultrasound technology. This technology promotes cellular renewal, combatting puffiness and improving product absorption.

90 Minutes - \$375



TREATMENT ENHANCEMENTS & EXPRESS SERVICES

*Boost your facial, massage, or body treatment with one
of our results-driven enhancements.*

Eye and Lip Treatment

The perfect addition to any facial service or massage. This fast and effective solution works instantly to minimize lines, wrinkles and puffiness around the lips and eyes.

\$50

Speedy Facial Hydration

Skin is continuously damaged by UV rays, pollution, and stress. Spending a little time to restore and revitalize is an easy treat for you while on the go. This quick facial instantly hydrates and brings the skin back to its splendour.

30 Minutes - \$150

Treat for the Feet

This ancient healing art uses therapeutic methods to dissolve tension and restore the body's inner clock. Warm volcanic stones are applied to the feet to perform a massage soothing tension and breaking down any inflammation and boosting the immune system. A stimulating pressure-point massage follows to improve circulation and relieve stress.

30 Minutes - \$150

Head in the Clouds

Known in India as Champi, this adaptation of a head massage is a traditional remedy for headaches, stress, and fatigue. This Ayurvedic scalp treatment incorporates your choice of cooling neem and eucalyptus oil or healing neem and coconut oil to relieve tension and transport you to a state of deep relaxation.

30 Minutes - \$150

Back in Focus

This targeted back massage focuses on eliminating tension and soothing tight, sore muscles. A therapeutic blend of essential oils is applied with deep pressure to remove lactic acid and increase the flow of oxygen in the blood. You will emerge relaxed and invigorated.

30 Minutes - \$150

Classic Body Exfoliation

Prepare the skin for nourishment and rehydration with this gentle but effective body exfoliation. After the exfoliation, hydrate and restore moisture with a light massage.

30 Minutes - \$150



SALON SERVICES

*Our full-service salon will put the finishing touches on your ideal look.
We have a highly trained stylist on staff to help you prepare for special occasions.*

Nail Care

Jumby Bay Signature Manicure	\$100
Jumby Bay Signature Pedicure	\$130
Polish Change	\$60
Fingernail Tidy	\$60
Gel Manicure	\$130
Gel Pedicure	\$150
Gel Removal	\$60

Hair Care

Shampoo & Blow-dry	\$95
Shampoo & Style	\$150
Deep Conditioning & Scalp Treatment	\$115
Men's Cut (Clippers or Scissors)	\$50
Beard Trim	\$25
Youth Haircut	\$25

Bridal Hair & Makeup Services

Price varies based on consultation.

Other salon services may be arranged upon request.

WAXING

*Providing the highest quality waxing services,
our experts use the finest and most gentle products to help you maintain smooth, silky skin.*

Waxing Services

Back	\$ 100
Chest with Abdomen	\$ 100
Chin	\$ 50
Eyebrow Shaping	\$ 50
Full Arm	\$ 100
Full Leg	\$ 100
Half Arm	\$ 50
Half Leg	\$ 50
Brazilian	\$ 100
Bikini	\$ 50
Underarm	\$ 50
Upper & Lower Lip	\$ 50



BLOOM SPA FOR KIDS

These special treatments provide a great introduction to the world of wellness for our younger guests (ages 5 to 15 years).

*A parent or guardian must be present for all services.
We highly recommend booking a mother-daughter or father-son spa session for a memorable bonding experience.*

Mini Facial (Ages 5-12)

This is a perfect way to introduce a mild skincare regimen to your little one.

30 Minutes - \$80

Teen Facial (Ages 13-16)

An ideal treatment for teens experiencing hormonal changes or for those wanting to establish a thoughtful skin care regimen. This treatment is a combination of exfoliation and deep pore cleansing, to clarify and eliminate impurities. Our technicians use therapeutic masks and serums to help regulate oil production, eradicate bacteria, and cleanse imbalanced skin, allowing a clear, blemish-free, complexion.

45 Minutes - \$150

Tides Teen Massage (Ages 13-16)

A light relaxing massage. A parent must be present during this treatment.

45 Minutes - \$150

Mini Manicure (Ages 5-12)

A treat for little hands. Includes exfoliation, nail shaping and polish. (Note: Cuticle removal is not permitted for children under 12 years of age.)

30 Minutes - \$50

Mini Pedicure (Ages 5-12)

A treat for the busy feet of the adventurous little one. Includes exfoliation, light foot massage, nail shaping and polish. (Note: Cuticle removal is not permitted for children under 12 years of age.)

30 Minutes - \$50



WELLNESS & FITNESS

The Fitness Center

Located adjacent to the spa, the fitness center is open 24 hours a day and features state-of-the-art equipment, including cardio and fitness machines from industry leader, Technogym.

The Wellness Pavilion

A unique and holistic experience awaits you in paradise. Whether it's our complimentary group activities or a private session, there is a diverse selection of wellness experiences to enjoy. The Wellness Pavilion is in the heart of the spa nestled among our gardens.

Our wellness and fitness instructors are readily available to help you make the most of your stay while here on the island. We understand that no two people are the same, so in addition to our various complimentary wellness sessions, we offer unique one on one personal training experiences that will cater to your specific wellness needs.

Private Sessions

30 Minutes - \$80 (Maximum of 3 persons)

60 Minutes - \$150 (Maximum of 3 persons)

60 Minutes - \$275 (Group session 4 to 6 persons)

Private sessions are offered but not limited to: Yoga, Mat Pilates, Boxing, Strength Training, HIIT Circuit, Aqua Fit, Sound Bath Meditation, Meditation, Tai Chi

The earliest reservations for complimentary wellness activities are taken 48 hours prior, as the schedule is subject to change.

Please note all above charges are subject to 17% government tax and 10% service charge.



SPA ETIQUETTE

Spa Hours

The spa is open daily from 9 a.m to 7 p.m.

Treatments are offered Monday through Sunday from 9:30 a.m. to 6:45 p.m.

Appointments outside of regular hours may be arranged at an additional cost.

Reservations

Advanced reservations are highly recommended to ensure preferred appointment times and services. Please email spa.jbi@oetkercollection.com or call +1 268 462 6000 ext. 4423/4424 to make a reservation.

Arrival

To get the most out of your therapeutic experience, we invite you to arrive 30 minutes prior to your scheduled appointment time to take full advantage of our thermal sauna and steam facility. In case of late arrival, we cannot guarantee an extension to your time. Please refrain from consuming alcohol or a heavy meal prior to treatment as this could have a negative effect on your experience.

Spa Amenities

Our treatment suites are well appointed with a private shower and amenities. To enhance your experience, fruits and nibbles which are complemented by teas, infused water and fresh fruit juices are available throughout your visit.

In-Room Treatment

The spa offers in-room services for select treatments. A surcharge applies.

Pregnancy

The spa offers specially designed treatments for expectant mothers, allowing us to assist you in selecting suitable treatments for this special time. We also advise you to consult with your physician prior to booking.

*Mom-to-be massages are for expectant mothers and can only be offered in the second and third trimester.

Cancellations

Please provide at least 24 hours notice of cancellation to avoid being charged in full. No shows will be charged the full treatment rate. For group cancellation policies, please inquire with your group coordinator.

Therapists

All therapists are female. Should you require a male therapist, kindly notify the spa at least 72 hours in advance.

OETKER COLLECTION

Masterpiece Hotels

